



BEAR FARE

A Newsletter for CNC Members

Photos by Sandra Stultz



**COLONIAL
NEWFOUNDLAND CLUB**
VA-MD-DC-WV

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WELCOME NEW CNC MEMBERS!

Laura Barrientos & David Sena Family | Baltimore, MD
 Andrea & Gary Ottey | Plymouth Meeting, PA
 Aleida Rios & Alan Lawson | Princeton, NJ
 Mackenzie Kappe | Sykesville, MD
 Arlene Proebsting | Dickerson, MD
 Julie Fitser | Gastonia, NC
 Mary Sawyer | Vienna, VA
 Pablo A Balmaseda & Colleen Garrity | Sterling, VA
 Christine Riggelman Family | Afton, VA
 Natalie & Stephen Aloï | Front Royal, VA

NEW MEMBERS FOR PRELIMINARY APPROVAL!

CNC's Board of Directors has given preliminary approval to this new membership applicant. Within 30 days of this newsletter's publication, members should address any comments to the Membership Chair.

Lorraine Mottola & David Catrett | Hillsboro, VA
 Frank & Donna Carter | Great Cacapon, WV
 Mike & Nancy Muldoon | Glen Dale, MD



Check CNC's Facebook page regularly for more information about Rescue, health issues, upcoming shows, club events, and grooming tips.

CONOLIAL
NEWFOUNDLAND
CLUB

Board of Directors

2021

OFFICERS

President	Dwight Gorsuch
Vice President	Rose Miller
Treasurer	Mike Paxton
Recording Secretary	Terry Mahon
Corresponding Secretary	Brenda McKeel
Members At Large	Bennett Alford
	Paul Katinas
	Elizabeth McCully
	Don Sharkey

If you are interested in becoming a committee chair -- please let any board member know.

If you are interested in volunteering for a committee -- please contact committee chair.

COMMITTEE CHAIRS AND CLUB REPRESENTATIVES

- Awards - Cindy Flowers
- Brown Bag - Peggy Darling
- Education - Cheryl Cavalier
- Historian - Kathy Paxton
- FaceBook - Dotty Hudson, Donna McConn
- Legislative Affairs - Lisa Lathrop
- Membership - Paula McPherson
i.e. membershipcnc@gmail.com
- Membership Broadcasting - Paula McPherson i.e.
broadcastcnc@gmail.com
- Membership Development - Elizabeth McCully
- NCA Regional Club Committee Representative -
Paul Katinas
- Newsletter Editor - Brenda McKeel
- Policy - Kathy Paxton
- Property - Don Sharkey
- Publicity - Kathy Paxton, Dotty Hudson
- Sunshine - Chris Gorsuch
- Supported Entries/Regionals - Don Sharkey and Cindy Flowers
- Web Site - Chuck Basham
- Working Dog - Julie Sharkey



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CNC Donation Contributors

Memory/Honor of...

Working

Delma & Donald Taylor
Anonymous | In Memory of Murphy, Diva, Coel
Scott & Teresa Rainey
Anonymous
Charlee Channing | In Memory of Missy
Paul & Carole Katinas
James Wasson, Col | In Memory of Bridget, Brutus,
Sinner, Banjo, Mason, Jock
Kathleen Lockhart
Mike & Kathy Paxton
Anonymous
Anonymous
Lezli & Bennett Alford | In Memory of Nicki, Susie,
Ollie & Grizzly
Robert & Anne Blaicher
Stephanie Kwisnek | In Memory of Starr

Trophy

Anonymous | In Memory of Moonshine Pilot
Sandra & Carol Stultz | In Memory of Daniel Stultz
Anonymous
Paul & Carole Katinas
Charles & Sherry Lane | In Memory of Shady
James Wasson, Col | In Memory of Bridget,
Brutus, Sinner, Banjo, Mason, Jock
Mike & Kathy Paxton
Lezli & Bennett Alford | In Memory of Nicki,
Susie, Ollie & Grizzly

YO
U!

A Message from the CNC President!

Colonial Newfoundland Club members,



Well summers over, the weather may not be as good for us but it's perfect for our Newfoundland family. And there's plenty for all to do outside this time of year.

If you're in the Richmond area the weekend of November 19-21, stop by the CNC Draft Test at Dorey Park to see some of our working Newfs in action. Details are on the CNC website.

Not quite ready for draft work? Your Newf will enjoy a walk in the park or an exploration of your local Home Depot or Tractor Supply. It's a fun road trip for them as they travel with their best buddies—your family.

This year CNC will not officially participate in the Williamsburg Christmas Parade as the parade will move from Saturday morning to Sunday evening. We hope to support other parades in other areas—please refer to the CNC website for updates.

Not enough time to get everything finished during the holidays? Here's a time saver. Attend the CNC Annual Meeting via Zoom on Saturday, December 11 at 2 pm. Connection instructions will be sent to all CNC Members next month.

Thinking ahead to next summer, with our dogs in the water let's start training in January! Online and virtually to start, then on land and in the water in July. Watch for CNC's Water Workshop Series 2022 for details.

Most importantly, thank you for your membership and your support of our club and our dogs. Aren't they the best!

Dwight

CNC Zoom Board Meeting Minutes August - October 2021

August 18, 2021 | Board of Directors Meeting Meeting Called to order at 7:30 pm

Present: Dwight Gorsuch (DG), Mike Paxton (MP), Terry Mahon (TM), Brenda McKeel (BMK), Don Sharkey (DS), Liz McCully (EMC), Bennett Alford (BA).

Absent: Rose Miller (RM), Paul Katinas (PK)

Guests: Kathy Paxton (KP), Paula McPherson (PMP), Donna McConn (DMC), Michele Miller (MM), Michele Blumhagen (MB), Jim Wasson (JW)

OFFICER REPORTS

President – Dwight Gorsuch - Included in the agenda

Corresponding Secretary – Brenda McKeel – No report.

Recording Secretary – Terry Mahon
Minutes for July meeting submitted to Board.

- Motion made (MP) to accept the July 2021 meeting minutes as amended. Seconded (EM). No objections. Motion passed.

Treasurer Report July 2021 – Mike Paxton

Net Receipts and Disbursements: \$2835.18
Cash Balance on 7/31/2021: \$48,536.67

- Any CNC member may see itemized report for this time period by sending a request to CNC's Treasurer.
- Motion made (TM) to approve the expenditures over one hundred dollars (\$100). Seconded (BA). No objections. Motion passed.

- Motion made to accept the July Treasurer's Report as presented (TM). Seconded (EM). No objections. Motion passed.
- All expenses for the Water workshop have been paid. MP will bring the Treasurer for 2022 up to date.

COMMITTEE AND EVENT REPORTS

CNR Rescue –

- DMC reported that one dog is coming in; one dog in foster care will be adopted by his foster family, and one is being adopted tomorrow. CNR also has elections this year.

CNC Website Committee – Michelle Blumhagen, Chuck Basham, Paula McPherson.

- Dwight joined their Aug 16, 2021, Website Committee Zoom meeting to learn the progress, Michelle, Paula, and Chuck are making. Erin Lonas, the SENC webmaster, also attended.
- Update from Michele Blumhagen & committee: MB sent a cost proposal to DG and MP.
- Right now, we are spending nothing since the website is on CB's pc. One of the committee's goals is to attract new members and families. Online membership application, renewal, and payment is the most important online feature. They looked at 2 possible web hosting services (Bluehost and HostGator) and two website platforms (WIX and Weebly). The platforms use drag and drop rather than HTML, so it would be easier for several people to update and maintain. Payment systems were discussed (PayPal and Stripe). Once the new website is out of development and into production, we will probably need a team of 3 club members to do updates. MB asked the board to identify these 3 people. Facebook and the website were discussed.

- DG thanked MB and her committee for all their hard work.

CNC Insurance –

- Jim Wasson recommended that CNC accept the proposal for our new insurance policy. The cost is \$1276.50 for one year. Our current policy expires on September 15, 2021. MP made a motion that we accept the insurance proposal presented by JW. Seconded EM. No objections; motion carried. JW will contact MP for payment.
- JW updated the board on the transfer of responsibilities to Lisa Lathrop (for CNC) and Ira Rheinhold (for CNR). Lisa will take over after the new CNC policy is in effect.
- Certificates of Insurance for upcoming events were discussed (draft test, tree pulls). We need to let Jim know in advance when they are needed for an event.

CNC/CNR Combined Fall Picnic –

September 25, 2021. Fredericksburg, VA
DMC reported that emails have been sent, and info is on Facebook and Instagram.

- We decided to charge \$5 per person and provide everything. This makes it easier for a headcount. Not sure how much to do since Covid is getting worse again. We will have the event unless VA says not to. We may limit activities and have more demos. Require participants to wear a mask when getting lunch. We are in an isolated area and have our parking lot and restrooms. CGC test and demo were discussed. EM will contact RM; PMP could do a demo.

Awards –

- Cindy Flowers will plan an event to cover the time missed.

Bear Fare – Brenda McKeel

- The deadline for the fall issue of the Bear Fare Newsletter is October 31, 2021.

- Please email submissions for upcoming events to: bearfare@gmail.com. The upcoming Bear Fare should go out by the end of August since it has the report of the Nominating Committee and call for additional nominations. DG will send a President's message, and TM will send the report of the Nominating committee to Bear Fare.

Brown Bag – Peggy Darling

- Searching for a replacement

Christmas Tree Pull(s) – Donna Foy

- The pumpkin pull is the weekend before Halloween at the Greenbriar. Are the location and date firm?
- Donna Foy wants to schedule the Christmas Tree Pull to avoid conflict with the Williamsburg Parade and the CNC Draft Test (November 19 -21). DF will report back at the next meeting.
- Date and location for Christie Smith's tree pull for Bees and Trees in northern VA?

Pancake Breakfast/Walk: Canceled for 2021.

Education – Elizabeth (Liz) McCully

- EM has more videos (training, grooming) to be sent in a blast email. Also, CGC videos to get ready for the picnic.

Face book (CNC) – Dotty Hudson/Paula McPherson/Brad Cole/Chuck Basham

- PMP reported that we are increasing our numbers, likes, and followers.

Spring Fun Day – canceled for 2021.

General Social –

- Need volunteers to organize informal events in outlying areas to have CNC social get-togethers.

Carting in DC:

- October 23, 2021. PK and BMK talked

- about the walk, and BMK volunteered to do a flyer for the website and Bear Fare. It will include maps for parking and the route. Bring your own or visit the food trucks. The group would meet and begin a walk that will cover roughly three miles taking in the WWII memorial, the Lincoln Memorial, the Vietnam Memorial, Constitutional Gardens, and the Washington Monument. The event would last about three hours.

Finance – Rose Miller (ways of generating revenue)

Fast Cat: - Paul Katinas NCA licensed to hold Fast Cat – no update.

Membership – Paula McPherson

Membership Report –

- There are no new members this month for board approval.
- 2021-2022 year: first renewal emails need to go out next week; 2022 database and directory built and ready to be populated as renewals come in.
- Last 3-year info on time/late renewals: 18/19 ended that year with 145 memberships with **22 late renewals** 19/20 Final total was 149 memberships with 100 renewing on time and **30 late**
- 20/21 Ending are at 125 memberships 90 renewed on time and **21 late**.
- There is no change to the dues this year. Our By-Laws are clear on late dues - there is no grace period. PMP sends reminders to those who are late. In the past, many board members have been late in sending in their dues. This year PMP will send their names to DG. Hopefully next year with online membership renewal, the problem will be fixed. We will revisit next year.

Membership Broadcasting – Paula McPherson

- Please email broadcastcnc@gmail.com if you would like to send out any information or updates to the club members. If there

are questions about membership, send them to membershipcnc@gmail.com
Please don't send them to PMP's email.

Member Development Committee – Elizabeth (Liz) McCully
No updates.

NCA Representative – Paul Katinas
No meeting this month.

CNC Nomination Committee – Julie Sharkey, Chair;
Members – Kathy Paxton, Cindy Flowers.

The Nominating Committee presented this slate for election:

Vice President – Rose Miller
Treasurer – Paul Katinas
Recording Secretary – Terry Mahon
Two members at Large – Don Sharkey and Kathy Paxton

Specialties

National Specialty Committee 2023 (Ad Hoc

- Kathy Paxton (Chair), Don Sharkey (Site Chair)
- Dates: Monday, April 24, 2023 – Saturday, April 29, 2023
- Location: Seven Springs Ski Resort Champion, PA. The NCA has accepted Mike Paxton as the 2023 National Treasurer.
- The National needs to establish a new bank account. Their funds are now in the CNC general fund.

Celtic Classic update– Don Sharkey

- York, PA, March 19 -20, 2022. New Pen Del will host a regional one day and CNC the other. There are sweeps; judges are supplied. We would be responsible for trophies and Hospitality.

Triple Crown Oct 21-23, 2022. CNC, NPD, New England. Update – No sweeps

Annual Meeting –

- We still don't know if the Williamsburg

Chamber of Commerce will hold the Williamsburg Christmas Parade this year. DG suggested the CNC BOD meet via Zoom for our normal September board meeting as a test of Zoom vs. Conference Call for both ongoing monthly meetings and the CNC

- The CNC annual meeting has to take place between October 30 and December 15. JS has a Zoom account and will set up our September meeting. We will need an account for CNC if we have our annual meeting on Zoom.

Working Dog – 2021 Working Dog Schedule:

Water Workshop at Codorus: _ Dates -July 24-25, Instructor-Sue Marino.

- DG reported that the workshop was well attended, the weather was great, the event was profitable for CNC. All follow-up responses were positive. Some suggestions were to create a more formal working schedule with a person timing and keeping next dogs up organized.
- Many thanks to all who helped organize, handle all the registrations, instructor and participant hospitality, site set up, and those experienced trainers who rowed boats all day, and the folks who jumped in to help Sue instruct. Too many to name— so many hard workers!

2021 Water Test: Labor Day Weekend.

- JS reported that entries are lower than usual; only 1 WRDX entered; a safety officer is needed. Next year, recommend considering another date.

CNC Fall Draft Workshop: October 9. Christy Smith instructing. Downs Park, MD

2021 Draft Test:

November 19-21; Dorey Park, Henrico, VA
Judges Donna Thibault & Sue Marino
Theme: "It's A NEWFember Harvest Festival"

Chair: Donna Foy Secretary: Meredith Lynes

Guests: Kathy Paxton (KP), Paula McPherson (PMP), Michele Blumhagen (MB), Julia Sharkey (JS)

Old Business:

- What is CNC's policy of posting photos of children with Newfoundland's on CNC's website, FB, Flyers, etc.? Do we have one? If no policy, what permissions should we require to post children's photos? KP will check with other regional clubs.
- CNC Ad Hoc committee to search for a second water training and testing site. Codorus is now very crowded.
- Rocky Gap State Park. Is there a volunteer to check out the beach and water?
- Lake Linganore was found to be not acceptable. Cascade Lake in MD is not available in the summer for training. KP will find out if it could be available for a test (after Labor Day?).
- Lake Anna in VA? DG will reach out to a club member who is moving there.

New Business:

Next scheduled Board Meeting – September 15, 2021

Adjournment

Motion made (MP) to adjourn the meeting at 9:30 pm. Seconded (EM). No objections. Motion passed.

September 15, 2021 | CNC Board of Directors Meeting | Meeting Called to Order at 7:30 pm

Present: Dwight Gorsuch (DG), Rose Miller (RM), Mike Paxton (MP), Brenda McKeel (BMK), Terry Mahon (TM), Bennett Alford (BA), Paul Katinas (PK), Liz McCully (EM), Don Sharkey (DS)

OFFICER REPORTS

President – Dwight Gorsuch thanked Julia for setting up this Zoom meeting for us. We may use Zoom for our Annual Meeting.

Recording Secretary – Terry Mahon

- Minutes submitted to the Board for August Board Meeting. Motion made (MP) to accept the August 2021 meeting minutes as presented. Seconded (RM). No objections. Motion passed.

Treasurer Report August 2021 – Mike Paxton

- Net Receipts and Disbursements: (\$1179.03)
- The cash Balance on 8/31/2021 is \$47,357.64
- Any CNC member may see itemized report for this time period by sending a request to CNC's Treasurer.
- Motion made (EM) to approve the expenditures over one hundred dollars (\$100). Seconded (TM). No objections. Motion passed.
- Motion made to accept the August Treasurer's Report as presented (EM). Seconded (TM). No objections. Motion passed.

Corresponding Secretary Report – Brenda McKeel

COMMITTEE AND EVENT REPORTS

CNR Rescue Report from Donna McConn

- Colonial Newf Appreciation picnic (CNR and CNC) update: September 25, 2021, Fredericksburg, VA
- 56 people already registered to attend.

- We have a guest speaker that will talk/demonstrate massage and reiki.
- We will be doing paw prints for a \$5 donation. There will be a large brown bag and a silent auction. PMP will have Covid declarations and ask attendees to sign. We will ask attendees to wear a mask in the buffet line.

Rescue

- 5 dogs are in Rescue; 1 has a pending adoption.
- CNC Website Committee – Update and formal proposal from Michele Blumhagen & committee:

To implement the new website design

A. I am requesting Treasurer Mike Paxton proceed with the procurement of the following software:

- SITE HOST: HOST GATOR HATCHLING PLAN for Shared Hosting Two-year contract is \$24.00
- WEBSITE PLATFORM: WEEBLY PROFESSIONAL Two-year contract is \$288.00.
- SECURITY SOFTWARE: CODE GUARD
- One year contract \$32.95
- STRIPE: CNC has an account with Stripe. Still determining what additional transaction costs we may incur if we pass Membership purchase fees along to the Member.

B. Website Construction and Editing:

- We need 2-3 people as scribes who will prepare the text and identify website links for inclusion on the website. Example: Grooming Tips: Update the text and links (Trim Fest 2005 is too old. But two new photos might be great).
- We need 3-4 people as Website Editors to make sure Requests for information receive a prompt response; new events are listed, and old ones removed; Links updated or replaced. We do not expect the time requirements to exceed more than a couple of hours per month.

- The Board needs to help MB find club members to serve as scribes and editors. We can all reach out to members we know. EM volunteered to serve. The website committee next meets on October 1. PMP can send a blast email and BMK will include it in Bear Fare. MB will write something and send it to PMP for the blast.
- MP made a motion that the board approves the expenditures that MB outlined. Motion seconded (EM). No objections; motion passed.

Awards – Cindy Flowers will plan an event to cover the time missed.

Bear Fare – Brenda McKeel

- The deadline for the fall issue of the Bear Fare Newsletter is October 31, 2021. Please email submissions for upcoming events to: bearfare@gmail.com.

Working Dog article with CNC Member in current AKC Family Dog magazine - BMK will reprint in Bear Fare, and we will put it on the CNC Website. JS will do a write-up about the Water Test for Bear Fare.

Brown Bag – Peggy Darling.

- JS reported that Michele Miller was in charge of the Brown Bag at the Water Test, and we made \$400. We need to find a replacement for Peggy and a place to store items.
- Discussion – could every event have a Brown Bag/Ways and Means chair? This would take pressure off one individual to get items to every event. There is a logistics issue to get items to the next event. We have many old shirts from old tests.

Christmas Tree Pull(s) – Donna Foy

- DF wants to schedule the Christmas Tree Pull to avoid conflict with the Williamsburg Parade (now Sunday, December 5) and the CNC Draft Test (November 19 -21). Donna will work with the Greenbriar and her group

to schedule. DF will report back at the next meeting.

- Christie Smith's tree pull at Bees and Trees on November 27. Flyer coming soon.

Pancake Breakfast/Walk: Canceled for 2021.

Education – Elizabeth (Liz) McCully

- Contacting new members and sending training videos.

Facebook (Colonial Newfoundland Club) – Dotty Hudson/Paula McPherson/Brad Cole/Chuck Basham

Spring Fun Day – canceled for 2021.

General Social –Need volunteers to organize informal events in outlying areas to have CNC social get-togethers.

Carting in DC: October 23, 2021. Update from PK:

- The group would meet and begin a walk that will cover roughly three miles taking in the WWII memorial, the Lincoln Memorial, the Vietnam Memorial, Constitutional Gardens, and the Washington Monument. The event would last about three hours. The flyer is on the CNC website.
- PMP will do another blast email.
- Non-CNC Members participation: Our insurance does not cover non-CNC members. PMP has a form (waiver for insurance) that she will send to PK. PK will also have membership applications available. PMP will also send the forms (Covid, Insurance) to Chuck Basham for the website. All event chairs can use them.

Finance – Rose Miller (ways of generating revenue)

Fast Cat: - Paul Katinas. Barn Hunt; Grooming seminar.

CNC Insurance – Jim Wasson

Transition update:

- For the BOD, current contact info for CNC and CNR new insurance contacts.
- CNC DC Carting Event re Non-CNC Members. From Jim Wasson: If you go to CNC's website and look at the bottom right corner, there is a paragraph about the subject that puts some limitations on non-member participation in CNC events other than Spring and Fall Picnics. I recall some years ago when the subject of non-member participation arose, the insurance agent was consulted, and the paragraph on the website resulted. The easiest solution to this request is the lady who expressed an interest in joining the club, so this is an excellent opportunity to gather one more new member.
- Insurance waivers for non-members at CNC official events. From Paula: We do have an insurance waiver a non-member can sign acknowledging they know they are not covered by our insurance if that is needed. I know it used to be given to non-members at fun days back when I attended before joining.

Membership – Paula McPherson

Membership Report – Applications for membership:

Lorraine Mottola & David Catrett | Hillsboro, VA
Sponsor: Gordon Songer

Frank & Donna Carter | Great Cacapon, WV
Sponsor: Paula McPherson (Membership)

- Motion made (TM) to move the Board grant preliminary approval to the two (2) new family members presented to the Board by the membership. Seconded (RM). No objections. Motion passed.
- I (BMK) move to publish their names in the next issue of Bear Fare. Members opposing any new applicant have 30 days to object in

writing to the membership chair. If there is no objection, the applicant(s) automatically becomes a member. Seconded (EM). No objections. Motion passed.

Details from Paula as a reminder:

- 18/19 ended that year with 145 memberships
- 19/20 Final total was 149 memberships
- 20/21 Ending are at 125 memberships, a 14% decline from 2018/2019. We will update in October.

Message from Paula:

I LOVE the idea of inviting non-members to participate a time or two in events (like water training, walks, meet-ups, stewarding, etc.) before joining as a way to encourage new members to join. It's hard for people to see the value of membership from just FB or a website without coming out and experiencing club members and activities. I do think a limit on "visits" is a good idea, so we are promoting joining to participate long term. The big issue has always been insurance. If the policy only covers members, we need to bring back the insurance waiver for non-members. If the insurance covers "attendees" or "participants" then we are good. I still have the old release form for insurance if that is still valid under the new policy (it's several providers ago at least.) I know I have used this at a draft test for stewards that were not members (extended family of members) and had them sign before volunteering.

Discussion

Our membership is declining. We want to be open and welcoming to attendees and encourage them to join, but they are not covered by our insurance.

Membership Broadcasting – Paula McPherson

Please email broadcastcnc@gmail.com if you would like to send out any information or updates to the club members.

Nomination Committee:

- Message from Chuck Basham that our process for 2022 is flawed—violates CNC By-Laws. Chuck copied all BOD members.

Chuck is requesting that CNC request a waiver from NCA regarding the 2022 election nomination irregularity.

- As info, Sue Marino, NCA Regional Club Liaison suggested we avoid potential by-law conflicts by having Mike Paxton, our current Treasurer run for an additional term. If elected, Mike could resign in January 2022 to take the NCA National Specialty Treasurer position. Upon Mike's resignation, the sitting CNC BOD would appoint someone (as Paul K) to fill the vacant Treasurer position. If this created another vacant BOD (Member at Large) position, the sitting BOD would appoint someone to fill that spot (as Kathy P).
- This avoids the 2022 nomination by-law conflict.
- Revision of the current slate with 3 Member at Large positions for election (not 2 as per the By-Laws) and distribution of info to membership was discussed. The error is that we stated that there was 3 Member at Large positions available. It should have been only two Member at Large positions available. MP made a motion that we correct the slate of nominees as presented in Bear Fare. Seconded (BMK). No objections; motion passed. Recording Secretary TM will compose a letter and send it to all board members for review; and if approved, send it to PMP for a blast email.

Member Development Committee – Elizabeth (Liz) McCully

Specialties Committee 2022-2023

- **NCA National** – Kathy Paxton (Chair), Don Sharkey (Site Chair)
 - Date of National Specialty - Monday, April 24, 2023 – Saturday, April 29, 2023
 - Location: Seven Springs Ski Resort Champion, PA

- MP will set up a bank account for the Specialty and move funds out of the CNC general account.
- **Celtic Classic**
- **Triple Crown**

NCA Representative – PK – no meeting this month.

Annual Meeting – Williamsburg or Zoom? We should know by the end of the week if Williamsburg will hold the parade. DG will call a special board meeting to discuss the annual meeting.

Working Dog – Julia Sharkey

2021 Water Test:

Report from the WT Committee:

- JS thanked those that made the water test a success: Melanie Tipton, Christie Smith, Michele Miller, Liz McCulley, Paul Katinas, Don Sharkey, and many others. The judges were great; the weather was nice; the park was not as crowded as we thought it might be on Labor Day weekend. The new Codorus site was ok; there is no shade, but the beach is good. Buying a gift for Codorus was discussed.
- The Working Dog Chair for next year is Melanie Tipton. We need a Water Test Chair for next year. We will also need a Draft Test Chair for next year.

CNC Fall Draft Workshop: October 9. Christy Smith instructing. Downs Park

2021 Draft Test:

November 19-21; Dorey Park, Henrico, VA
Judges Donna Thibault & Sue Marino

Theme: "It's A NEWFember Harvest Festival"

Chair: Donna Foy Secretary: Meredith Lynes

Old Business:

- What is CNC's policy of posting children with Newfoundland's on CNC's website, FB, Flyers, etc.? Do we have one? If no policy, what permissions should we require to post

children's photos? This has not been resolved.

- BOD to Discuss a CNC Ad Hoc committee to search for a second water training, testing site.
- K Paxton suggested Rocky Gap State Park. Is there a volunteer to check out the beach and water?
- Cascade Lake in MD. Cost? Available on or before Labor Day?
- Lake Anna in VA? Fran Miller

New Business:

Williamsburg Parade Planning. Update from Brad Cole:

- The Williamsburg Chamber will decide by the end of this week if they will have the parade this year. They have Mandy Waters' email address to let her know the decision since she's listed as the event coordinator for our group.

Message from a club member:

- DG reported that he received a message from a member that recently updated their Will and left a monetary donation to Colonial Newfoundland Club Rescue. The member also emailed Donna McConn.
- DG has responded but we should send an official hard copy letter of thanks from the BOD.
- DG will check with Donna.
- The Zoom meeting tonight went well. MP suggested that CNC purchase a Zoom account. We would have unlimited time. It includes phone numbers if anyone wants to dial in. We may need it for the annual meeting. MP made a motion that CNC purchase a Zoom account; RM seconded the motion; no objections; motion passed. MP will make the purchase.

Action Items:

Next scheduled Board Meeting – October 20, 2021

Adjournment - Motion made (MP) to adjourn the meeting at 9:18 pm. Seconded (TM). No objections. Motion passed.

October 20, 2021 | CNC Board of Directors Meeting | Meeting Called to Order at 7:30 pm

Present: Dwight Gorsuch (DG), Rose Miller (RM), Mike Paxton (MP), Terry Mahon (TM), Paul Katinas (PK), Liz McCully (EM), Don Sharkey (DS), Bennett Alford (BA)

Absent: Brenda McKeel

Guests: Michele Miller (MM), Michelle Blumhagen (MB), Kathy Paxton (KP), Melanie Tipton Fortney (MTF), Paula McPherson (PMP), Lisa Lathrop (LL), Julia Sharkey (JS)

OFFICER REPORTS

President – Dwight Gorsuch - Included in the agenda

Recording Secretary – Terry Mahon

- Minutes submitted to the Board for the September Board Meeting and the September 29th Special Board Meeting. Motion made to approve both sets of minutes as presented (MP). Motion seconded (EM). No objections; motion passed.

Treasurer Report 2021 – Mike Paxton

- Net Receipts and Disbursements: (\$2056.01)
- Cash Balance on: September 30, 2021 is \$45, 301.63
- Motion made (TM) to approve the expenditures over one hundred dollars (\$100). Seconded (EM). No objections. Motion passed.

- Motion made to accept the September Treasurer's Report as presented (RM).
- Seconded (EM). No objections. Motion passed.

Any CNC member may see itemized report for this time period by sending a request to CNC's Treasurer.

Corresponding Secretary Report – Brenda McKeel

COMMITTEE AND EVENT REPORTS

CNR Rescue – Michele Miller

- Three dogs are in rescue; one was adopted recently.
- Gross sales from the calendar contest were \$13,700; net profit should be about \$9500. Fifty-five people entered the contest.
- The club and rescue combined picnic was a success. About 90 people and 30 - 40 Newfs attended. This was thirty more people than originally accepted for the catering estimate. Donna McConn will send an invoice to the club. The club and rescue will end up paying about the same. One person tested positive for Covid the Monday after the picnic. Rescue sent an email to all attendees. Some got tested; all were negative, as was the person that originally was positive.
- We are looking into the Christmas parade in Alexandria on December 4th. This would be a joint event with the club. Donna is in contact with them. Mandy Walters and Jess Regan will chair. Some board members were concerned about parking and MM will let Donna know. Leesburg also has a Saturday evening parade, December 11th. DG asked board members to decide by our next meeting if we should support one or both. We are not participating in the Williamsburg parade, which is on a Sunday evening.

CNC Website Committee – Update from Michele Blumhagen & committee:

- MB has purchased the required software. They are moving content to the new website.
- We need volunteers to keep the website updated with events and photos.
- We need a contact page for members' requests and questions. Now they are using Facebook.
- Instead of having videos on the website, MB suggested we have our own YouTube site. Then we post links with narratives on our website.
- The committee will start to meet every week. Paula McPherson, Membership Chair, will need the Stripe connection from MP to be embedded in the membership application.

CNC/CNR Combined Fall Picnic – September 25. Fredericksburg, VA

- Covered under the Rescue Report. DG noted that was a nice event and the club and rescue should do it together again.

Awards – New chairperson needed.

- DG will report next month. We have a template for the program.

Bear Fare – Brenda McKeel

The deadline for the fall issue of the Bear Fare Newsletter is October 31, 2021. Please email submissions for upcoming events to: bearfare@gmail.com.

Brown Bag – We need to find a chair and a location for item storage.

- Having a chair that stores all the items and goes to all events to run the Brown Bag vs having a Brown Bag chair for each event was discussed. Is it effective to transport Brown Bag items, supplies, and other items for sale from event to event? Each event finds its brown bag chair.
- There are enough items to have a brown bag at the Draft Test. MM, KP, EM, and

Peggy Darling will meet and work out a way to get the items to Richmond.

Christmas Tree Pull(s) – PMP -

- The Pumpkin Pull and the Christmas Tree Pull at the Greenbriar will not take place. We will update the website and Facebook. PMP will look into a parade in Franklin VA on the evening of December 3rd so that members in the area will have an event to attend.
- The tree pull at Bees and Trees is on November 27. Christie Smith is in charge.

Pancake Breakfast/Walk: Canceled for 2021. Education – Elizabeth (Liz) McCully

- EM reported that she and MM are working on training videos with MM's new 7-year-old rescue Garrett that has limited training, and a new member is recording training their new puppy. These will be out with the new YouTube channel.

From KP – Starting place for virtual education policy:

- Any training videos from the NCA website are permitted to be placed on CNC's website without further review.
- Other links are to be reviewed by the appropriate committee before posting on CNC's website. i.e. draft training to be reviewed by working for accuracy and safety purposes. If approved, the Educational Chair will prepare a report for the Board for final approval before posting.
- KP will rewrite and present next month.

Facebook (CNC) – Paula McPherson/Brad Cole/Chuck Basham

Spring Fun Day – canceled for 2021.

General Social –

- Requests for volunteers from the membership failed. Suggest searching for a CNC Committee chair to organize/delegate several small events in 2022.
- **Carting in DC:** Paul Katinas
In three days - October 23, 2021
Update from PK: 19 Newfs and 30 people are expected. Parking should be good.
DG thanked PK for a good job!

Finance – Rose Miller (ways of generating revenue)

Fast Cat – PK is no longer in charge of trying to set up a fast cat trial.

Other ideas: Barn Hunt; Grooming seminar.

CNC Insurance

- Lisa Lathrop is the new CNC insurance contact. lathrop6@hotmail.com. DG welcomed Lisa to the meeting and invited her to attend monthly.

Membership – Paula McPherson

Membership Report –

New Members for preliminary approval:

Mike & Nancy Muldoon | Glen Dale, MD
Sponsor: Paula McPherson (Membership)

- Motion made (EM) to move the Board grant preliminary approval to the one (1) new family member presented to the Board by the membership. Seconded (TM). No objections. Motion passed.
- I (EM) move to publish their names in the next issue of Bear Fare. Members opposing any new applicant have 30 days to object in writing to the membership chair. If there is no objection, the applicant(s) automatically becomes a member. Seconded (TM). No objections. Motion passed.
- PMP recommends for online applications, add “how did you hear about us?” This can

tell us where new members are coming from. It won't be published in Bear Fare.

- Renewal has gone well this year with 77% renewed currently. PMP expects another 15 – 20 renewals this week. She will send another blast reminder this week. There has been a good response to the blast emails.

Details from Paula as a reminder:

- 18/19 ended that year with 145 memberships
- 19/20 Final total was 149 memberships
- 20/21 Ending are at 125 memberships, a 14% decline from 2018/ 2019.

Membership Broadcasting – Paula McPherson

Please email broadcastcnc@gmail.com if you would like to send out any information or updates to the club members.

Nomination Committee:

- EM made a motion that we dissolve the Ad-hoc Nomination committee. Seconded (TM).
- No objections; motion passed.
- CNC will address 2023 nominations earlier in 2022 than we did this year.

Member Development Committee – Elizabeth (Liz) McCully

- EM reported that there are several new members that she has not been able to reach by phone and has emailed them. One new member would like to attend these board meetings. Publishing Zoom information was discussed. When we used conference calls, that information was published on the website. PMP said that options would be to do an email blast to the members with the Zoom information or put it on the website to contact us for the link.

EM asked PK to send photos from the Walk to BMK for Bear Fare and the website committee.

Specialties Committee 2022-2023

NCA National – Kathy Paxton (Chair), Don Sharkey (Site Chair)

Date of National Specialty - Monday, April 24, 2023 – Saturday, April 29, 2023

Location: Seven Springs Ski Resort
Champion, PA

KP and DS are going to Seven Springs this Sunday for meetings with staff.

Celtic Classic – The regional in March. CNC and NPD are doing with York Kennel Club.

Triple Crown – the committee meets every month; all 3 clubs have their judges; the show is in late October.

NCA Representative – Paul Katinas

- PK reported that the regional clubs met on October 5th. Jan Baggio asked clubs to think “outside the basket” for the 2022 National. KP said she already had a wooden wine crate for CNC. Alcohol is permitted this year and she will ask members to donate bottles of wine.
- Sue Marino announced that Pat Randall dropped off the NCA Board and Sue Wagner took his place.
- Annual Meeting – Via Zoom on Saturday, December 11, 2021, at 2 pm.
- We can publicize on our website, Facebook, and blast emails. PMP suggested blasts early in November, then 2 weeks before and 1 week before the meeting.
- Members will not need to let us know that they want to attend. MP will purchase an add-on to our license so we can have up to 1000 participants (\$50/month) for December and cancel after the meeting. We will send the link to all members in a blast email.

- Standing committees are supposed to submit a report by November 15th. KP will send a list of the committees to DG, and he will contact the chairs. Standing committees year-end reports are supposed to go in the November Bear Fare. We can put them in a document and send them to all members and put them in the February newsletter.
- At the meeting, the new board is announced. Items to discuss at the meeting: new website, feedback from members, online application and renewal, plans for next year. DG suggested that these items also be included in the year-end reports.

Working Dog

- Melanie Tipton Fortney will be the Working Dog Chair for next year.

CNC Fall Draft Workshop:

- October 9. Christy Smith instructing. Downs Park

2021 Draft Test:

November 19-21; Dorey Park, Henrico, VA
Judges Donna Thibault & Sue Marino

Theme: “It’s A NEWFember Harvest Festival”

Chair: Donna Foy **Secretary:** Meredith Lynes

PMP reported that entries are down from last year; logo item sales are going well; they met last week, and all is on track.

Agreement w/Codorus for 2022 – JS submitted our application to Cindy at Codorus State Park for August 26, 27, and 28 for the Water Test.

We are working with the Porties and will submit a schedule for water training to Codorus. DG suggested asking for dates in September. DG also suggested we submit our WT application to NCA to get on the calendar.

CNC Water Workshop Series 2022:

- Starting in January with online, indoor basic training—perhaps Deanna Alko’s series.
- Possibly rent an indoor space for early spring, then outdoor land work.
- Experienced CNC members will conduct the basic training
- Sue Marino will instruct us in the water sessions again for 2022.
- Cassie Iken will create a logo, so we have the stuff to sell.
- FYI, NPD’s spring draft test will be April 23-24, 2022 (two draft tests for the year).

Old Business:

CNC's policy of posting photos of children with Newfoundland’s on CNC's website, FB, Flyers, etc. What permissions should we require to post children’s photos?

From KP:

Seems there is a 'no' policy re: pictures of minors. Whenever the editor receives a picture with a minor represented, she merely reaches out to the individual who submitted it and requests 'something' in writing for the NCA.

For CNC, suggesting perhaps:

I, _____ grant permission to the Colonial Newfoundland Club to use this picture of _____ who is my _____ in their publications and/or their website.
(relationship)

_____ signature/date
_____ printed name

- DG suggested that we think about this and discuss it at the next meeting. We need to explain to committee chairs when and why we need this document.
- CNC Ad Hoc committee to search for a second water training, testing site. Wait.
- The site was suggested by Donna Foy in Smithfield, VA.
- K Paxton suggested Rocky Gap State Park. Is there a volunteer to check out the beach and water?

- Cascade Lake in MD. Cost? Available on or before Labor Day?
- Lake Anna in VA? Fran Miller

New Business:

Williamsburg Parade - CNC will not participate in 2021.

Alexandria, VA Christmas Parade — Potential for CNC/CNR combined - wait for an update.

Next scheduled Board Meeting – November 17, 2021

Adjournment

Motion made (RM) to adjourn the meeting at 9:10 pm. Seconded (MP). No objections. Motion passed.

Household Cleaning Products and Your Pet: What You Should Know About

Posts by: Dr. Justine A. Lee, DVM, DACVECC (Reprinted from Airpark Animal Hospital October 2021 Newsletter)

Today we’re going to talk about certain “spring cleaning” products that are very dangerous to pets. Now, keep in mind that most household surface cleaning products only result in minor clinical signs of vomiting and diarrhea; these are products that you typically spray on windows and kitchen counters to wipe them down.

However, there are certain cleaning products in your house can be really dangerous to dogs and cats. Products that pose the biggest corrosive or caustic danger threat are:

- Drain cleaners
- Pool chemicals
- Concentrated dishwashing chemicals
- Lime-removal products
- Oven cleaners
- Concentrated toilet cleaners

My general guideline on how to differentiate safer versus more dangerous household cleaners is this: items that smell bad are typically pretty dangerous. My second tip? If you see the words “CAUTION” versus “DANGER” on the bottle; the word “DANGER” typically means the product is corrosive or caustic and can cause severe injury to you and your pet.

Corrosive or caustic products can cause chemical burns when ingested or when accidentally exposed to the fur and skin. If your dog or cat is accidentally exposed to these chemicals, it requires immediate first aid care at home and a visit to your veterinarian right away.

- Clinical signs of corrosive or caustic injury include:
- Red, raw skin
- Blistering of the skin
- Pain
- Pawing at the mouth
- Severe drooling
- Not eating
- Fever
- Pawing at the eyes
- Tearing of the eyes
- Lethargy or malaise

Untreated, it can result in severe tissue damage (like rupturing the esophagus or stomach!) or even death.

So, what do you do if your dog or cat accidentally is exposed to a corrosive or caustic substance?

1. First, safely get your pet to a safe area (to prevent them from ingesting more!).
2. Carefully gather the container or substance to bring to the veterinary hospital or to describe to the veterinarian (protect yourself by using gloves).
3. Contact your veterinarian for further immediate recommendations.
4. If the product was ingested or chewed on, flush your pet’s mouth out with tap water, making sure that they don’t choke on it or inhale it. You can use a turkey baster or even a kitchen sink hose; however, never

stick the house down your pet’s throat or mouth, as they can choke on this. Make sure your dog’s nose is pointed down towards the ground to prevent excess water from being swallowed or inhaled. Attempt to flush for 10-15 minutes.

5. Once you begin these steps, seek immediate veterinary attention.

If there was dermal exposure of a corrosive or caustic substance (e.g., onto the skin or fur):

1. Liberally flush the affected area with water, using protective gloves or gear to keep you safe.
2. Safely gather the container or substance to bring to the veterinary hospital or to describe to the veterinarian.
3. Apply a generous amount of sterile lubricant (such as KY® Jelly), but do not apply any chemicals or neutralizing agents!
4. Loosely cover the wound with gauze or a bandage.
5. Seek immediate veterinary attention.

When in doubt, keep these dangerous cleaning chemicals out of reach of your pets (and kids!). Use childproof locks and make sure to lock your pets OUT of the area when you are cleaning.

If you have any questions or concerns, you should always visit or call your veterinarian – they are your best resource to ensure the health and well-being of your pets.

The Historical Newfoundland Dog
<https://www.surveymonkey.com/r/HGSBK3S>

Thoughts on Fencing

by Tracy Warncke (Reprinted from NCA September eNotes)

A Newfoundland puppy needs to spend time outside exercising and exploring his new kingdom. As he grows, this circle of exploration increases, so too, do the possible dangers. Cars, garbage cans, children, wild animals, extreme heat and cold, and chemicals are a few examples of deadly encounters your pup may face if left to roam. For these, and many more reasons, an outside home should be constructed. Many factors should be considered when building a home for your new four-footed friend. In this issue, we will start with the basics, location, and fencing.

The major decision made: do we fence in the whole yard or just a portion. Ideally, a fenced-in yard with a run inside is best. (When we use the term "run", we don't mean a wire strung from tree to tree, we mean an enclosure with four sides.) This way, when you are home, you can supervise your pup's play in the yard. He can be taught not to dig in the flower beds, chew the vinyl siding, or the garden hose. When you are away, he can be safely placed in the run, away from all the hazards of the yard.

As with any type of construction, you should think about the weather. Are your normal temperatures hot, warm, or cold? Do you have torrential rains? Blizzards? Which direction are the prevailing winds? These factors all enter into the placement of your pup's run. If you live in the southern climates, you should consider an area that gets the most shade year-round. If you live in the northern climates, where snow abounds, perhaps an area that is shaded during the summer months only. This would allow the sun to help melt the snow during the winter. No matter what your climate, there should always be a part of the run with shade. If you have no trees, this may be accomplished by covering the run with a tarp or sunblocking run cover. Try to plan the run around a big rock or tree. This breaks the monotony for the pup and gives him something fun to play with. Try to avoid square shapes as these tend to encourage "circling".

Next, give some thought to your neighbors (if you have any) and deliverymen. What will the run look like from their point of view? Will the pup be able to see them coming and going? Will this cause the

pup to start barking? Will their children harass the pup? Will the run block access to the oil-fill pipe or the electric meter? How about the septic system? Giving a little thought to what your neighbors will see and hear may help "keep the peace" in the neighborhood.

Now that you have established the area, what about fencing? Stockade is so limiting, chain-link is too "security," the picket isn't high enough. What about a combination of fences! Use stockade to give your backyard privacy, chain-link for the run, and picket for the front yard. If using any type of fence (like 3 rail) with gaps between the boards, attach weld wire to cover the gaps. Think about where you will need gates and their size. Two strategically placed 8-10 ft. gates will allow nearly all types of trucks and equipment access to your yard. Whenever possible, use self-closing gates that open into your yard. This will help prevent your dog's escape because a gate was open and also keep your dog from pushing the gate open!

The size of the run greatly depends on the amount of time your pup will spend in it. The more time, the larger the run, the less time, the smaller. The minimum size, for proper exercise, is 12 ft. x 12 ft. Under no circumstances should the run be less than 6 ft. tall. While most Newfs are not "jumpers," experience has shown that under certain circumstances a Newf will clear a 5 ft. fence. The first Newfoundland to receive the Ken-L Ration Dog Hero of the Year Award, Dirigos Magnificent Villa, CD, weighed 150 pounds and cleared a 5 ft. fence to save her "child", Andrea (Newf Tide, Spring 1984). My first Newf was halfway over her 5 ft. run when our son fell and cut his face!

Should you decide to fence your yard before building a run, there are two very important rules to remember: NEVER put your pup in the yard with his collar on. Collars can easily become tangled and your pup may strangle himself. Also, NEVER leave your dog alone in a yard with less than 6 ft. fencing. You never know when the neighborhood stray may bound over the fence or your dog might get into something he shouldn't!

First-Aid and Emergency Preparation

(Reprinted from NCA September eNotes)

There are many online resources that discuss first aid kits and practices, including articles on the Red Cross and AKC websites. And, there are dog first aid kits offered by both of these organizations which can be purchased online. So, rather than re-write a similar article, with this Short Topic, what we will cover is what materials or issues may be unique to Newfoundland's, including items that are not common to most first aid kits.

First, and this is also underscored on the AKC page, the most important step in being able to manage your dog in an emergency is prior training and socialization. Dogs can be traumatized and disoriented in an emergency, but a well-trained dog has a better chance of being cared for. For a situation where emergency workers are involved, such as a vehicle accident, law enforcement officers may be required to terminate a dog that becomes vicious or uncontrollable, for the protection of the emergency staff and to allow them to tend to other injuries. A dog that is restrained securely in a strong crate will be safer in that situation.

Next, prior training in first aid practices can be a good asset. Some Red Cross facilities provide pet first aid training. There is also a book published by the Red Cross on Dog First Aid. To learn about their schedule, contact your local Red Cross office. Veterinarians can also teach you some basic first aid skills.

The Kit: In addition to the kits that can be purchased, you can also set up your kit. Several online resources provide lists for first aid kits, including a list from the Red Cross and one from the AKC Canine Health Foundation. Special considerations for a Newfoundland may include GasX if symptoms of bloat are caught early enough for the dog to swallow, portable electric trimmers, and heavy plastic trash bags to hold ice in the event of a heat crisis. An item that may not be routine for most kits that can be a crucial, life-saving device

when a Newfoundland is choking on a tennis ball is a corkscrew.

A good place to write your veterinarian's emergency number and the ASPCA number for emergency poison information, (888) 426-4435, is in permanent marker under the lid inside the first aid kit. Be sure to store your kit in an easily accessible location.

Other Emergency Supplies: The nylon leashes in some emergency kits may be useful, but if you need to secure a dog outside of its crate during a vehicle emergency, it is better to have a chain leash or steel cable. Newfoundland's can chew through a nylon leash in a matter of seconds. Bolt-cutters are a good item to include in the travel tools for releasing a dog if needed. Also, for travel, a battery-powered fan and solar blankets will help reduce heat stress should a vehicle break down during travel in warm weather. Plenty of water is always a travel essential. Water can be sprayed onto the dog using a spray bottle to increase cooling, provided that the humidity is not excessive. For more information on travel preparation, see Travel with Newfs.

Emergency Information Packet: Who is to be contacted should a problem occur that would leave you unable to take care of your pets? Including this information, along with photos and identification information, a list of any medications and your veterinarian's contact information in a water-tight container, such as a heavy-duty Ziploc bag with a brightly colored cover stating "EMERGENCY INFORMATION" and taping this in a visible area inside your vehicle is a good practice. It is also a good idea to keep a duplicate copy in your home in an easily visible area. You may also want to make arrangements that would allow someone access to your home to care for your pets should anything prevent you from returning on schedule.

Disaster Preparation: The NCA has developed a good disaster checklist to help pet owners prepare in advance for their pets in emergencies such as natural disasters.

16 Newfoundland Dogs Earned Their CHIC Certification in the last 2 months!

ALEGUPS EVE'S BOY SETH
ARCADIA'S COCKPIT QUEEN
ARDEUR'S ALL THE RIGHT REASONS
BOWATER'S I'M ALL IN
CHATEAUNEF 'N NAKISKA'S GOLDEN TOUCH OF HONEYLANE
DREAMHAVEN'S WISH UPON A STAR WITH OLD BAY
GOLD CUP'S NONSTOP TO MID NITE SKY
HARMONYHOUSE KIND OF BLUE
JUST STEAL MY HEART CANADIAN PEARL
MA-LIBERTE-DE-PENSER DE L'ILIAD ET L'ODYSSE
NAKISKA'S I WILL REMEMBER YOU
OLD BAY'S KEEP IT SIMPLE
OLD BAY'S LIGHT MY FIRE AT DREAMHAVEN
OLD BAY'S MASTER OF TIME IN DREAMHAVEN
POUCH COVE'S SOUTHWIND BILLOW MAIDEN OF AEGIR
SOUTHSHORE COUNTRY TROUBADOUR

We salute their owners and breeders for their commitment to health and transparency!

Then it can only be one thing: musical canine freestyle!

Canine freestyle is a blend of traditional obedience and non-traditional "dance" movements performed to music. Teamwork between dog and handler is essential. Freestyle is a wonderful way to demonstrate your dog's intelligence, skills, beauty, and fun-loving spirit. For me, it was love at first sight when I discovered freestyle at a Gaines Regional Trial in 1994.



Getting started in freestyle is as simple as finding a tune you can easily walk (i.e. heel) to. A sense of rhythm and

balance is helpful, but no formal training is necessary. The type of music used is your choice. Show tunes, big band, rock-n-roll, opera, country /western, folk tunes, and (dare I say it) even disco have all been used. Be sure it is a tune you enjoy, as you will listen to it hundreds of times! Most routines are two to three minutes long.

Choose music that reflects the personality of the team. For example, our most popular routine is "Rescue Me." I chose this music not only because it has a good beat and nice transitions, but to make a connection to the water rescue abilities of my Newfoundland partner, Gus (Ebunzar's Gustav Mauler, CD, WRD, Delta Pet Partner). We even use a "take-a-line" bumper as a prop. The music should also be appropriate for the intended audience (if any). Our first performance of "Rescue Me" was at the 1997 NCNE water test.



I Got Rhythm, I Got Music, I Got My Dog...

by Laurel Rabschutz (Reprinted from NCA October eNotes)

You and your partner take your place on the floor, your choreographed routine flashes through your mind, you take a couple of deep breaths, you look into your partner's eyes for reassurance, the familiar music starts and off you go. This scenario may bring to mind pairs figure skating or ballroom dancing; but what if I told you that your partner is your dog.



No special training is necessary for the canine partner, either. And trust me - dogs love it! Even that lagging, half-asleep CD never-to-be can be motivated by simple freestyle moves. Think about some of the movements, tricks, or behaviors that your dog already knows and how those could be incorporated into a freestyle routine. Does your dog know how to bow, roll over, or hi-five? Does your dog know "around" from water work, "back" from draft work, a swing finish, or a drop on recall from obedience? These are all movements used by freestyle teams. Practicing those spins, bows, and weaves have the added benefit of keeping your dog flexible and agile.

Teach your dog freestyle movements just as you would any behavior. Break it down into small pieces, use lots of motivational aids (toys, food), and praise, praise, praise when you get the desired behavior. Then practice, practice, practice indoors, outdoors, shopping malls, school yards. Yes, the neighbors will think you're a mental patient, but you own a Newf so they probably already think that. If you're interested in attending a class, check the listings under "resources" for freestyle seminars or workshops in your area.



I like to work out pieces of a routine in my head and then jot them down on graph paper. Next, I will try to walk through it solo, then finally add my canine

partner. Revisions are constantly being made. We never perform the same routine twice-at least Gus doesn't. Gus loves to improvise and will toss in a spin or change direction when I least expect it. He will often invent his moves and sometimes they just become part of the routine.

Freestyle can be just for fun in your backyard, for competition, or anything in between. Senior centers, nursing homes, and children's groups are amazed and delighted by the simplest routine. We do the "Hokey-Pokey" and get everyone involved. If

you don't want to go it alone, join a team. Doggy square dance and freestyle teams are great fun involving people and dogs of all sizes and shapes. If you have the gumption, do some demos or enter a competition. For demos, just about anything goes. Competitions have specific requirements and rules and regulations.



Canine freestyle is a fun and rapidly growing sport. It had its beginning in Canada in the early '90s and quickly spread to the U.S.

One of the best ways to understand what canine freestyle is all about is to watch some live or video performances.

Perhaps you will become hooked as I did. Oh, you'll get strange looks from people when nursing home residents or school children tell their families about how you dance with your dog, but you and your dog will have the best times of your lives. And who could ask for anything more!



Meet Judge, The Therapy Dog

by LORI@LORIKEESEY.COM, October 27, 2021
(Reprinted from NCA October eNotes)

Judge looks like a baby black bear and drools like [Hooch](#). One or two days a week, this 180-pound behemoth goes to work spreading his special brand of therapy to the unsure, the hurting, and the withdrawn.



Judge goes to school often to spread his special brand of therapy. (Photo by Alicia Peery)

Judge is a full-blooded [Newfoundland](#), a strikingly large working dog, with a sweet, soulful temperament.

On the day we met at a middle school in Maryville, Tennessee, Judge was visiting 8th graders studying Jack London’s *Call of the Wild*. His mission was simple: Be himself. These kids hadn’t met a Newfie—the same breed as Curly in the novel—and their teachers thought they should meet one in the flesh.

As soon as Judge trudged into the classroom, panting heavily due to the heat, the students sat up at their desks. Their eyes lit up. They gushed.

“Wow. Is that a bear?”

“He’s so cute.”

“Well, he just made my day.”

Just another day in the life of Judge.

Therapy Vs Service Dogs

Unlike service dogs trained to work or perform tasks for their owners, therapy dogs, like Judge, provide psychological or physiological therapy to anyone needing comfort.

Although this gentle giant knows how to execute a water rescue and pull carts—two jobs the breed is known for—his special talent lies in therapy, which is good. His owner, Beth Boring, works for the Maryville Public School System’s special-education department, and helping special-needs students is her passion.

Since getting his certification as a therapy dog, signified by the red bandana Beth fastens around

his large neck, Judge has visited nursing homes, cancer-treatment centers, and schools.

“He’s so easy around children,” Beth said. “I love that he’s a pet, but he’s more than that.”
Indeed.



Beth and Judge

Judge and His Therapy

Repeatedly, Judge has proven his ability to embolden the withdrawn. With one hand on a book and the other on Judge, low-level readers will lose their insecurities as they confidently read aloud. “A dog doesn’t ask questions or correct mistakes,” Beth explained.

One student, an autistic girl named Khloe, also benefited from her therapeutic time with Judge, she added.

“If her teachers got a one-word answer from her, they felt like they’d accomplished something,” said Beth, who is now writing a book about the experience when not training her Newfie puppy, Rowdy, or taking Judge out to minister to others.

“When Khloe met Judge, she became a chatterbox. She’d give him commands to sit, stand, speak, you know, basic obedience, and he’d obey. He opened a whole new world for her. It empowered her.”

An especially poignant moment happened at a local nursing home once, Beth recalled. When she and Judge arrived, Beth found an elderly woman sitting in her wheelchair alone in her room, staring blankly at a television set. Beth tried talking to her twice, but she didn't respond.

"I turned and walked away. When I got to the doorway, it occurred to me I hadn't given Judge a chance to interact. I did something I've never done before," she said. "I took the chance of something going wrong and lifted her hand and placed it on Judge's head. This is Judge. He wants you to know he loves you."

A smile of pure joy spread across the woman's face as tears started flowing. Beth never saw the woman again, but she'll never forget the experience. "I couldn't reach her, but Judge did."

Back at School

After his initial howdy-do in the classroom, Beth escorted Judge to the corridor. He plopped down on the floor and rested his face on his paws. Saliva dripped from his mouth as students took turns petting his thick fur. Beth stood to the side and fielded questions.

"How much does he eat?"

Four cups a day.

"What does he eat?"

Green beans and meat. Pizza is his favorite, given only as a treat. As for kibble, not a chance. "Kibble is the chicken nuggets of the dog food world." Beth was emphatic on that point.

"How long does it take to dry his hair?"

One hour with a special hair dryer.

"Where does he sleep?"

In the hallway in front of his fan.

And on it went. When the time came to meet the next class, Beth urged Judge to stand. He obeyed and lumbered over to the next classroom door.

Why do you do this Beth?

"Newfies aren't a common breed," she said. "They aren't for everyone. They shed and they drool, but we love them. And I get to share him with the world. When I put his red bandana on, he knows what he's going to do."

Follow Judge on Social Media

Interested in learning more about the inimitable Judge? Follow him on [Facebook](#) and [Instagram](#). He likes the attention.

Introducing Your New Puppy to Your Old Dog

by JoAnn Wood (Reprinted from NCA October eNotes)



So, you want to get a puppy but you already have an adult dog - GREAT! Here are some hints that may help with your introduction.

When you first bring a puppy home, try to have someone with you to help out and choose a room that has a washable surface. Allow the puppy to sniff the area. These new smells will tell him there is another dog(s) that already lives here and may help to calm him somewhat.

Time is an important factor to consider when bringing in a new puppy. You may want to plan and make the introduction on a long weekend or when you have some extra vacation time coming. This will also make the puppy's transition into your home easier by starting him off on a schedule.

Let the resident dog(s) in, but don't let them rush to the pup as this may frighten him. In the case of more than one dog, let them in one at a time. They need to sniff - this is very important. If your puppy is very submissive, he may roll over exposing his belly and he may urinate. DO NOT chastise the pup, this is normal behavior. He's telling the older dog, "I know you're the boss". Once the initial greetings have been made, allow everyone to relax. Pay attention to the older dog, and not too much to the pup for the next few days. Don't expect all dogs to readily accept any new critters immediately, remember they also have feelings and may be thinking "How dare you, I'm all you need".

One thing to remember is a puppy wants to have a K-9 friend, but because puppies play very hard and can be very fresh, you must protect your older dog from being "overwhelmed". Know your dog. You may want to feed puppy in his crate (a good reason to purchase one!). Allow each dog to have time away from the other. While they are together and playing, if the older dog gives the puppy that "look" along with a little lip curl and snaps or growls - don't be too quick to step in - he's only reminding puppy to "mind your manners".

Make sure to spend extra time with your adult dog. Take him with you more often on errands, talk to him more, give him longer walks, etc. This special time will pay off in the long run.

Some dogs may take a little longer to accept the newcomer, but if you've done your homework (training) properly, your adult dog will soon be happy to accept a new puppy. You must be aware that, like people, not everyone gets along, personalities are different. After sufficient time has gone by, if this is the case, please remember that the breeder may know of a family where the puppy will fit in perfectly. Maybe the timing is just not right.

Most Newfoundland are more than willing to accept "one of their own". We have a very special breed and to see puppy and adult curled up and sleeping side-by-side is a very heart-warming feeling. So, get your camera ready for those special times!! They may only happen once and puppies grow so fast you don't want to miss a single thing!! Good luck and happy intro's!

Nutrition Basics

(Reprinted from NCA October eNotes)

Canine nutrition is an area of growing concern for dog owners in general and giant breed owners in particular. Giants breed puppies will experience a similar rate of growth in a single year to what humans experience over 20 years.

Even a short time spent eating an unbalanced diet can have implications for long term growth and development.

"In order to live, a dog must eat. How long the dog lives, as well as health, immune system, behavior and temperament, the ability to reproduce successfully and to recover from trauma, all depend on what is eaten." - Wendy Volhard

There are 6 Building Blocks which make up the nutritional needs of dogs:

1. **Proteins:** Protein is essential for growth of healthy tissue. Proteins also help repair damaged cells, and are important components in the production of antibodies, which ward off infection. The millions of chemical reactions that occur in a dog's body are regulated by hormones and enzymes, both of which depend upon a constant supply of fresh protein.
2. **Carbohydrates:** Dogs, like people, rely on carbohydrates for energy. Glucose, the simple sugar that fuels the body, is a byproduct of carbohydrate metabolism. If a dog is not receiving an adequate supply of carbohydrates, he will turn to his protein reserve for fuel - protein intended for cell maintenance and growth.
3. **Fats:** Fats provide significantly more energy than proteins or carbohydrates. They carry fat soluble vitamins A, D, E and K through the body, and they add a luminous sheen to a dog's coat. They also assist in many different metabolic reaction.
4. **Vitamins:** Vitamins serve to insure proper metabolism and many body functions. It is easy to fall into the trap of thinking that supplementing vitamins for a growing pup is a necessary thing to do, but too much of a good thing can be just as harmful as not enough. Check with your veterinarian and breeder before adding any vitamin supplements to your Newfoundland's diet.

5. **Minerals:** Minerals are crucial for many different physiological processes and proper bone growth. For dogs, two of the most essential minerals are calcium and phosphorus, which play significant roles in the formation of a healthy skeletal system. The proportions of these minerals within the overall diet should be monitored and kept in balance - including treats and recreational chews.
6. **Water:** Water is essential to life; every living cell requires a constant supply of this crucial substance. Every dog requires access to clean, fresh water every day. To calculate your dog's water requirements multiply his weight in pounds by .65. This product represents the number of fluid ounces of water your dog requires each day. Remember that exercise, heat and stress will increase this amount.

According to Susan Wynn, DVM in the Journal of Integrative Veterinary Care, here are some dietary recommendations for large and giant breed puppies:

- Make sure the diet is complete and balanced "for all life stages" according to AAFCO Guidelines, or if home-prepared, has been analyzed by a veterinary nutritionist.
- Never free feed
- Keep the puppy lean (4/9 or 5/9 on the Body Condition Score system)

Look for these guidelines: Dry matter content of about 30% protein, 9% fat, 1.5% calcium and 0.8% to 1% phosphorus. The calcium: phosphorus ratio should be between 1:1 to 1.3:1

Are Long Term Pain Medications (NSAIDs) Safe for Dogs?

Posts by: Dr. Nancy Kay, DVM, DACVIM (Reprinted from Airpark Animal Hospital 2021 November Newsletter)

Just like people, many dogs develop age-related arthritis. Symptoms are far more common in larger breeds. Not only are the big dogs more predisposed to arthritis, their joint pain is intensified because of the extra weight they carry.

Vet giving a dog a pill Nonsteroidal anti-inflammatory drugs (NSAIDs)

As their name implies, NSAIDs are non-cortisone containing drugs. They have both anti-inflammatory and analgesic (pain fighting) properties that produce greater ease of movement resulting in muscle strengthening and decreased strain on affected joints. Back in the 80s, when I was just a pup, the only NSAID available for dogs with arthritis pain was aspirin. While this drug did do a pretty good job alleviating arthritis, it also caused plenty of gastrointestinal side effects.

Fast-forward to 2015 and several big-name pharmaceutical companies have their own NSAID brand approved for the treatment of canine arthritis. Within the United States there's Rimadyl®, Deramaxx®, Previcox™, Metacam®, EtoGesic® Zubrin®, Quellin™ and Novox® all of which are quite effective and associated with far fewer side effects than aspirin.

Just as in people, the specific NSAID brand that most effectively treats arthritis pain in dogs varies from individual to individual. Most veterinarians have their first choice recommendation, but certainly try other NSAIDs should the first choice fail to create significant improvement.

Potential side effects

As is true for most any drug, negative side effects can occur with NSAID use in dogs. While the actual incidence of side effects is not known, it is thought to be low. When dosed appropriately, the vast majority of dogs tolerate NSAID therapy very well.

There tends to be an unsubstantiated fear that the longer NSAIDs are used, the greater the risk of associated problems. Dr. B. Duncan Lascelles, a professor of surgery and pain management at North Carolina State University College of Veterinary Medicine dispels this notion in a paper titled, "Risk-Benefit Decision Making in the Long-

Term Use of NSAIDs for Canine Osteoarthritis.” According to Don Jergler of Veterinary Practice news, Lascelles states, “We found that this was not true, there was no association between the longer you give a non-steroidal and the risk of side effects. As far as we can tell, we don’t find any relationship between those two things- length of non-steroidal use and incidence of side effects. Often, the clinical approach to a young or middle-aged dog with osteoarthritis associated pain is to avoid the use of NSAIDs. The rationale often quoted for this approach is that the practitioner wants to leave the use of NSAIDs for later, and not have a dog on NSAIDs for the whole of its life. This is a flawed and rather naïve approach.”

Lascelles goes on to say that, when NSAID side effects do occur, they are most likely to appear within the first two to four weeks after beginning therapy.

Gastrointestinal upset, gastrointestinal ulcers, liver toxicity, and kidney toxicity are all possible NSAID associated problems. Signs may include:

- Vomiting
- Diarrhea
- Dark or tarry stools
- Loss of appetite
- Lethargy
- Increased thirst
- Increased urinations

Proper screening of the dog by a veterinarian prior to starting NSAID therapy as well as appropriate follow up after medication has started, lessens the potential for adverse reactions. For example, an older arthritic dog discovered to have kidney failure would be ruled out as a good candidate for NSAID therapy. Observation of any side effects warrants immediate discontinuation of the NSAID and discussion with the prescribing veterinarian.

NSAIDs: One of several treatment options

While NSAIDs work well in many dogs, they are not the end-all and be-all treatment for arthritis. As a stand-alone therapy, they are inadequate for some

dogs with chronic arthritis pain. Such animals are more likely to benefit from multimodal therapy in which an NSAID is combined with one or more of the following:

- Weight management
- Exercise modification
- Physical rehabilitation (passive stretching, range of motion exercises, swimming, under water treadmill therapy)
- Supplements/Nutraceuticals (omega-3 fatty acids, glucosamine, hyaluronic acid, chondroitin sulfate, polysulfated glycosaminoglycans)
- Acupuncture
- Massage therapy
- Stem cell therapy
- Surgery, such as a total hip replacement
- Pain medications (tramadol, gabapentin, narcotics)
- Steroids

Therapy is important

Arthritis pain robs dogs of their ability to do many of the things they most love in life such as going for walks, wrestling with their favorite dog park buddy, and going hunting, or playing a good game of fetch. Think about the exuberant Labrador who loves nothing more than chasing tennis balls and eating. Add arthritis to the mix and the game of chase must be curtailed. This means fewer calories burned which translates into fewer treats and smaller meals. What a drag for everyone involved!

In order to keep arthritis from negatively impacting a dog’s quality of life, it is important to treat this disease aggressively. This means treating daily rather than just on the day after a vigorous hike or when severe symptoms become apparent. Treatment should be started well before indicators of advanced arthritis pain such as limping or whining are observed. Dr. Jennifer Johnson, owner of Stoney Creek Veterinary Hospital in Morton, Pennsylvania states on the Veterinary Practice News website,

”From a pain-management perspective, I believe that my patients that are on chronic, daily NSAID

use fare much better than the patients whose owners try to chase pain by giving NSAIDs as needed, or on tough days. It's difficult for clients to judge definitively how much pain their pet is in, which makes it impossible to accurately dose the pain with an NSAID as needed."

In summary, maximizing the benefit of long-term NSAID use for treatment of canine arthritis requires the following:

- **Early treatment:** use NSAIDs early on in the disease process. Once arthritis pain is "ramped up" it becomes much more difficult to control.
- **Multimodal therapy:** use NSAIDs in combination with other therapies
- **Long-term therapy:** use NSAIDs consistently for a period of time rather than on an as needed basis.

People medications are not safe for pets

Please don't ever give your dog an NSAID that has been approved for use in people. Some examples include Advil®, Motrin®, Ibuprofen, Aleve®, Naprosyn, and Celebrex®. When administered to pets, even in small doses, they can cause life-threatening consequences.

According to David Samadi of nydailynews.com, the Food and Drug Administration (FDA) recently increased their warnings about the use of these drugs for people. After reviewing a number of studies, they have determined that NSAIDs significantly increase the risk of strokes and heart attacks. The FDA now requires that NSAID labels include the following: "The risk of heart attack or stroke can occur as early as the first weeks of using an NSAID. The risk may increase with longer use of the NSAID. The risk appears greater at higher doses."

There is no evidence in dogs that documents an association between NSAIDs and the incidence of heart disease or strokes.

Questions for your veterinarian

- Are my dog's symptoms caused by arthritis?

- Is my dog a suitable candidate for NSAID therapy?
- What other treatments for arthritis should we be considering?
- When should my dog be reevaluated?

Eight Tips for Coping with Your Dog's Age-Related Hearing Loss

Posts by: Dr. Nancy Kay, DVM, DACVIM (Reprinted from [PetHealthNetwork](#))

The most common form of deafness in dogs is age-related hearing loss (ARHL). Most dogs experience some degree of ARHL, beginning sometime during their "third trimester" of life. ARHL begins by impairing perception of middle to high frequency sounds, but encompasses the entire range of sound frequencies as it progresses.

I suspect that most people don't recognize their dog's hearing loss until it is almost, if not fully, complete. They may mistakenly interpret their dog's partial hearing loss as a behavioral issue, sometimes referred to as "selective hearing."

Unfortunately, there are no standard strategies that restore hearing in dogs with ARHL. A 2010 study reported on three Beagles with age-related deafness who received middle ear implants (1). The results were equivocal and, to my knowledge, further investigation of this technology has not been pursued. Canine hearing aids have been tried, but are not right for every dog.

How you can help your dog with hearing loss?

Observing your beloved dog become less responsive because of hearing loss can evoke a laundry list of emotions such as sadness, frustration, and discouragement. While there may not be a good way to restore your dog's hearing, here are eight things you can do to make a positive difference for both you and your dog.

1. Check in with your veterinarian

Verify that the only cause of your dog's hearing loss is ARHL. Ear canal disease, such as a

growth, foreign body, or infection, superimposed on ARHL may transition a dog from partial to complete deafness. Treatment of the ear canal disease may restore an acceptable level of hearing.

2. **Train your dog with hand signals**

When your dog experiences significant hearing loss, your ability to communicate with him via hand signals will create greater safety for your dog and more support for the emotional bond you share.

Dogs quite naturally communicate via body language, so they tend to quickly learn the meaning of hand gestures. Ideally, training with hand signals in conjunction with verbal cues should begin in puppy kindergarten class. Someday, your youngster will become a senior with hearing loss, and those hand signals that were learned will be super handy (pun intended).

By the way, the popular adage, “You can’t teach an old dog new tricks,” is a bunch of bunk. If your older dog hasn’t been taught to respond to hand signals, begin the training process as soon as possible. Most senior dogs are very capable of learning these new cues.

3. **Use nontraditional signals**

In addition to hand signals, find other ways to get your dog’s attention. Examples include actions that create vibrations (clapping hands, stomping on the floor, knocking cans together), use of a flashlight, release of an appealing scent (appealing to the dog, that is), and use of a storm or disaster whistle. Figure out what works best with your dog. Provide a positive reward (favorite snack, belly rub, game of tug of war) when you begin training your best buddy to respond to these new cues.

4. **Avoid startling your dog**

Approach and/or touch your dog when you are within his field of vision. If you need to wake him from sleep, touch him gently in the same place (the shoulder area is ideal). You can also put your hand in front of his nose as your smell

may rouse him, particularly if it resembles the odor of a favorite treat. Remind visitors to avoid touching your best buddy when he is sleeping. All of these tactics tend to prevent startle reactions.

5. **Increase your vigilance**

This applies to the home front as well as out in the world. A fenced in yard becomes a must. Be sure your dog is on leash or confined when cars pull in and out at your home. Every veterinarian can tell you stories of older, hearing-impaired dogs who were run over in their own driveways.

Leashes are mandatory when your dog has exposure to cars, joggers, bikers, skateboarders and other potential hazards. Make sure that every member of your dog’s support team (veterinary staff, pet sitter, groomer, dog walker, doggie day care provider) knows about his hearing loss. Admittedly, even when I know that my patient is deaf, I still tend to talk to him in my usual fashion. Force of habit, I guess. Given our close contact, I like to think that my patient feels more secure sensing vibrations coming from my body.

6. **Enrich your dog’s “smelling life”**

Dogs rely heavily on their sense of smell. I recently heard dog trainer, Turid Rugaas explain that, when a dog enters a new situation, the dog’s eyes create the first impression, but it’s the nose that fills in the details. Olfactory stimulation is known to impact canine behavior, as demonstrated by Lynne Graham, Deborah Wells and Peter Hepper in a study published on Applied Animal Behavior. By providing a richer smelling life for your dog, you may help fill in some of his sensory gaps caused by the hearing loss.

7. **Attach an, “I am deaf” tag to your dog’s collar**

This way, if your dog becomes lost and then found, the Good Samaritan involved will understand why your dog is not normally responsive.

8. **Give yourself a pep talk**

Patience is a virtue when interacting with your aging dog. Yes, it's easy to feel frustration, sadness and impatience, but keep in mind, your older dog is still capable of picking up on your emotions. Take a few deep breaths and give yourself a pep talk to help restore a sense of patience and compassion.

There are some silver linings to consider. As your level of care for your hearing-impaired older dog increases, your relationship may become closer than it has ever been. Additionally all of that quaking, quivering, and anxiety caused by loud noises (thunder, gunshot noises, firecrackers) has likely become a thing of the past. Lastly, remind yourself that, with your loving care, your hearing-impaired dog remains very capable of enjoying an excellent quality of life.

If you have any questions or concerns, you should always visit or call your veterinarian -- they are your best resource to ensure the health and well-being of your pets.

Helping Your Dog through Grief and Depression

Posts by: Dr. Ernie Ward, DVM (Reprinted from [PetHealthNetwork](#))

I recently received a letter from a reader about her grief-stricken dog. Her senior pooch had lived an entire life with a recently departed mother and wasn't handling the loss well. She shared that her dog was becoming increasingly depressed and despondent. The writer didn't know what to do and wanted to know if there was anything that might ease her pet's pain.

This is a sadly familiar scenario for most seasoned veterinarians. I've had to hospitalize dogs that refused to eat or drink following the loss of a human pet parent. I've treated many pets for depression and witnessed many more that die shortly after their human, the result of a quite-literally broken heart. Grief is real for dogs and cats and I personally suspect it exists in horses and other species, as well. Unfortunately, there is no treatment to instantly take away a grieving pet's

ache, but there are a few steps a pet parent can take to comfort a crying soul.

The power of time for grieving dogs

Without a doubt, time helps heal a wounded heart. Ask anyone who has lost a close family member (including me) and they'll likely tell you that while you may never fully recover, the passage of time makes the loss more bearable. In my clinical experience, the same is true for our pets. The first two weeks seem to be the worst. Searching and sniffing the house and yard for the recently departed is common. Many dogs will pant, pace, drool, and whine almost incessantly or without provocation. Some pets will refuse food and water for several days following death of a human or animal family member. They may sleep more, hide in unusual places, and refuse to play. It's agonizing to watch a pet go through this normal phase of healing.

Stress-relieving activities and exercise for grieving dogs

The best thing you can do is be there. Take extra walks, spend additional time cuddling on the couch, and snuggle a little longer in the bed. Offer favored treats and food, visit a different park or hike a new trail. Exercise is the best antidepressant and stress reliever for both humans and animals. If the symptoms persist beyond two weeks or fail to lessen, your pet is probably becoming clinically depressed and needs veterinary assistance.

Treating depression in grieving dogs

Dogs and cats may develop a form of depression following any loss. My best advice is don't wait too long before seeking professional help. If you're increasingly uncomfortable with your pet's attitude and behavior after two weeks, see your veterinarian. Veterinarians have many medications that can help your dog cope with loss. I've prescribed various anti-depressants along with plenty of exercise with successful outcomes. I also recommend pheromones, L-theanine, colostrum calming complex, melatonin, and Bach flower essences for grieving dogs. Most pets can be successfully treated with a combination of natural remedies, prescription medications, and plenty of low-impact aerobic exercise. I've found that after

one to two months of therapy, the majority of patients can begin resuming normal activities. I think they still long for their lost loved one, but they're better able to cope with daily life.

It might be more than grief

My biggest concern for grieving pets is something called decompensation. Many pets with intense human-animal bonds are older, placing them at risk for undiagnosed, underlying age-related disorders. The stress and anxiety associated with depression can push a borderline failing organ system over the edge and into life-threatening crisis. I've diagnosed too many older pets with heart failure, kidney disease, high blood pressure, and more a month or two after experiencing a loss. I attribute it to the effects of chronic stress. Even if your dog isn't showing severe signs of grief and depression, if he's not back to (nearly) normal within a couple of weeks, have your veterinarian check things out. A few simple blood and urine tests and a thorough physical exam can uncover any emerging condition before it's too late.

Adopting a New Pet?

This may be controversial and it's a highly personal decision, but I don't typically advise replacing a deceased human pet parent with a new pet, particularly for a grieving dog or cat. The reason is I believe the bond between human and animal is different than between two animals. If adopting a new pet will help ease the grief of the human family member, I say go for it. If you're asking me if I think a new dog will ease the grief of an existing pet, I'm not so sure. In my clinical experience, once the family has overcome the initial stages of grief and is healing, that's a better time to consider pet adoption. Of course, you know your family better than me or any veterinarian, so the decision is up to you. I'll support you no matter what.

Grief Hurts Everybody

Grief affects the entire human and animal family. Healing takes time and effort, and some pets (and people) may benefit from medical treatment. Overcoming grief isn't something you "tough out;" it's something you try to survive. It's not weak or abnormal if you or your pet needs help. Grieving is natural, normal, and it hurts. Don't delay talking to

your veterinarian after losing a human family member. Ultimately, our shared goal is to restore health and happiness to our animal companions. And take solace from someone who's been there: It gets better. Maybe not as quickly as you'd like, but it does.

If you have any questions or concerns, you should always visit or call your veterinarian – they are your best resource to ensure the health and well-being of your pets.

5 Tips to Help Stop Dog Barking

Posts by: Mychelle Blake, MSW, CDBC, Lifestyle Contributor and Pet Behavior Expert (Reprinted from [PetHealthNetwork](#))

Living with a dog that barks constantly can be quite an irritant. Not just for the dog's human family but potentially for neighbors, dog training classmates, and more. As a Certified Dog Behavior Consultant, I have a confession to make – I have one of those annoying barking dogs! So, what do you do when your dog engages in this behavior? The first step is to determine the "why."

Since dogs don't have "words" like humans do, they use barking to express a variety of emotional states. Understanding what is motivating your dog to bark is very often the key to successfully resolving the problem. Let's examine some of the common reasons behind excessive barking, and learn what you can do in each case:

1. Boredom

Dogs who are under-stimulated mentally and physically can engage in repetitive barking to alleviate their boredom. Providing your dog with things to do during the day, as well of plenty of exercise, can go a long way toward decreasing this type of barking. Take your dog for long walks (or longer ones if you already walk your dog) and give the dog time during walks to sniff and engage in the environment so that he gets physical AND mental enrichment. When you can't be with your dog, give him a

food-stuffed or puzzle-type toy to work on so that he has a more positive activity to engage in than barking.

2. Fear and/or anxiety

Dogs that are fearful, anxious or stressed can use barking as a way to express their need for the “scary” or stressful thing or situation to go away. Helping the dog learn that whatever he is afraid of is not a threat is the key to solving this type of problem.

3. Alerts

Some dogs, particularly dogs of guarding-type breeds or mixes, will bark to “alert” you of the presence of something new in the environment. In this situation, you want to provide the dog with an alternate behavior. For example, if your dog barks feverishly when the delivery man comes to the door, teach your dog a really strong recall (come) cue and use that to interrupt the barking. Reward the dog for ceasing to bark and coming to you, and gradually you can extend this to a “come and lie down and stay” behavior.

4. Attention

Barking can be a great way for dogs to get attention from humans. Even if you yell at your dog to be quiet, you can be unwittingly reinforcing this behavior because a dog that wants attention will take whatever he can get from you. Just as with the other examples, this can be modified using an alternate, incompatible behavior, such as asking the dog to sit, etc. Or, simply remove the reinforcement – when the dog barks at you for something, ignore him completely and wait for him to be quiet and then heavily reinforce that behavior. In the beginning you may find the dog barking even harder to get your attention (known as an extinction burst) so stay resolved and patient until the dog learns this is no longer a useful behavior (I recommend getting a good set of ear plugs!)

5. Excitement

Many dogs who become overly excited and who lack impulse control can bark to express

their “enthusiasm.” My dog Odie is a puppy who came from a deprived background during his critical development period and lacks a lot of impulse control. With these types of dogs, you can work on training some “self-control” behaviors, such as a sit or down stay, or even any type of alternate behaviors, such as a trick. The key is that the dog is doing something else that isn’t barking. So in Odie’s case, I taught him to target my hand with his nose, shake, high five, bow and a variety of other tricks, I also taught “traditional” cues such as sit and down, and when he begins to bark excitedly at home or in a class, I immediately ask him to do one of the behaviors and reward him for it. Training impulse control behaviors such as stays and settle can also be very helpful with these types of dogs.

Another important thing to remember with dogs that bark is the influence of breed. Some breeds have a tendency to bark more than others, such as terriers, shepherds and hounds. Take some time to research your specific breed, or breed mix to see what the breed(s) was originally bred for and what behavioral tendencies are common to help you understand the basis for barking behavior.

Always avoid punishing your dog for this behavior – most dogs bark due to an underlying emotional issue and punishment can either increase the barking or lead the dog to expressing their needs with an equally undesirable behavior. If you find you need assistance, particularly if the dog is barking due to a serious behavior concern, contact a professional to guide you. Visit the American College of Veterinary Behaviorists, the Animal Behavior Society, and the IAABC to find a professional near you.

If you have any questions or concerns, you should always visit or call your veterinarian -- they are your best resource to ensure the health and well-being of your pets.

Sleeping Outside of the Crate

(Reprinted from the NCA Featured [Articles](#))

It's one of the big question for most new puppy owners: "when can my puppy sleep outside the crate?"

It's a moment to look forward to, for it means your dog is housetrained and you no longer have to get up at all hours of the night to take her outside nor do you have to worry about cleaning up those crate training "accidents."

So, exactly when can your puppy sleep outside her crate? Simple: when she's ready. All humor aside, there are multiple factors to consider. Your dog's breed is one. Larger breeds tend to mature more slowly than smaller breeds, and so while the general rule of thumb for dogs – a puppy can "hold it" for one hour per month of age, meaning a 6-month-old puppy should be able to go 6 hours before needing a bathroom break – is a good starting point, this is only a general rule of thumb. Some Newf puppies might indeed be able to make it all night by the time they're 6 months; others may not be able to do so until they're 9 or 10 months.

And while breed makes a difference, size variations may also play a role, so each individual dog will be different. Keep a close eye on how regularly your puppy needs to go out, slowly lengthening the time between bathroom breaks as she gets older, and if she's not having accidents in her crate or the house, you'll know you're on the right track.

Don't rush the process, though; many trainers recommend waiting a month or more after a puppy has started going all night with no in-the-crate accidents before actually allowing the dog to sleep outside the crate, just to avoid setbacks.

There's something else to consider here besides the bathroom-break issue, and that's chewing. Your puppy may be perfectly housetrained and able to go 7 or 8 hours without needing to go outside, but if she is still engaging in inappropriate chewing, the crate is the safest place for her to be at night. Even when it appears your dog is a candidate for "free sleeping," some dog owners and trainers recommend that a puppy's first few night outside the crate be in a limited space (a

puppy proofed bathroom, or your bedroom) until the puppy has fully demonstrated her ability to avoid getting into any trouble.

Finally, remember that dogs are "den" animals, and the crate – which of course should never be used for punishment – is, for most dogs, a place of safety and security. Many owners simply leave crates freely accessible to dogs 24/7, and many dogs happily take advantage, for their entire lives, of that convenient and comfortingly secure "den."

Read More About Crate Training:

1. [Gearing Up for Puppy - Crates](#)
2. [The Importance of Crate Training](#)
3. [Crate Training for Safety and Comfort](#)
4. [Sleeping Outside the Crate?](#)

Versatile Newfoundlands

(Reprinted from NCA [Hall of Fame](#))



Versatile Newfoundland- photo by Jack Voller - 2013 photo contest

The Newfoundland Club of America established the designation of Versatile Newfoundland to encourage and recognize beautiful representatives of the breed, who continue to exhibit the breed's historic and natural working abilities. To be recognized as a Versatile Newfoundland a dog must earn the following: AKC championship, AKC obedience title, NCA Water Rescue Dog title, and NCA Draft Dog title. The awards have been presented annually at the National Specialty since 1985.

Gander: A Newfoundland Hero

Based on an article that appeared in Newf Tide written by Mary Jane Spackman with contributions from Sue Miller

(Reprinted from the [NCA](#) website)



Gander became the Newfoundland mascot of Quebec City's Royal Rifles of Canada by chance. He began his life as a puppy named Pal with his family in Gander, Newfoundland. As he grew he spent more and more time at the airport with the soldiers who were assigned there. His family felt he was growing too big and the Royal Rifles willingly adopted him as their mascot. His official name became Regimental Mascot Sgt. Gander. Gander's new life with the Rifles would cover many miles and ultimately end at the battle of Lye Mun on Hong Kong Island.

During his time as their mascot, Gander proved his value more than once. There are at least three documented instances of Gander protecting the troops. The first was when a wave of attackers landed on the beach and Gander rushed at them barking and charging at their legs. The second instance occurred at night. There was a group of injured Canadians laying on the road and as a group of Japanese soldiers advanced towards them, Gander flew at them, causing them to change direction.

The last heroic act by Gander would cost him his life. A grenade was thrown towards a group of soldiers commanded by Captain Gavey. The soldiers were unable to move away from the grenade due to intense shooting from the

Japanese. Gander ran forward, took the grenade in his mouth and continued away from his men. Gander was killed by the subsequent explosion but the men he served were saved by their loyal Newfoundland mascot. This last act of heroism has been memorialized for eternity by awarding Gander the Dickin Medal for "acts of conspicuous gallantry and devotion to duty in wartime." The prestigious Dickin Medal was awarded by the People's Dispensary for Sick Animals (PDSA) which is an animal veterinary charity in the United Kingdom.



Click [here](#) or on below image to video on Gander - Hero of Hong Kong (13-minutes)



Colonial Newfoundland Club 2021 Water Test

September 3-4, 2021

Judges: Sue Marino and Bethany Karger

CNC held its 25th Water Test (WT) at Lake Marburg in Codorus State Park. Big Kudos go out to our WT Committee: Melanie Tipton- Test Secretary, Christie Smith, Chief Steward, Dru Kappe, Grounds Chief, with assistance from Don Sharkey and Paul Katinas, Michele Miller, Hospitality, and Dwight Gorsuch. The test was just about flawless! Our judges Bethany Karger and Sue Marino were tremendous and worked with the COVID-19 procedures to protect everyone. Since we had limited participation, everyone pulled together on test day to make it happen. What a team! Our three-day and one day all-breed test included: Friday: 9 Newfoundland dog/handler teams tested: 5 WDs; 1 WRD; 3 WRD Re-qualifiers. Saturday: 12 Newfoundland dog/handler teams tested. 7 WDs; 1 WD Re-qualifier; 1 WRD, 3 WRD Re-qualifiers. All-Breeds tested were 3 Labradors: 2 WDs and 1 WRD Titles. Sunday: 8 Newfoundland dog/handler teams tested. 2 WDs; 1 WD Re-qualifier; 3 WRD, 2 WRD re-qualifiers.

This year, the weather was sunny and mild for 2 of the 3 days, a little wind so that really worked in our entrant's favor. We normally are fighting a stiff breeze and white caps, but not this year. We were expecting big crowds at the Park, but they did not materialize, so that also worked in our favor.

NCA judges Bethany Karger and Sue Marino were so very calm and positive, which setup each dog/handler team for success. With the help of our hard-working stewarding crew, our **dog/handler teams tallied the following titles:** 3 new WD, 1 WD Requalification, 4 WRDs, and 1 WRD Requalification. **The Water Dog Titlists:** Kara Miller's Ruger, achieved his new WD title on Friday. **Saturday's WD qualifiers:** Christie Smith's Sounder his WD Title, great performance. Scott Dickensheet's Cosmo had a solid performance to achieve his title. Scott Rainey and Winslow had a strong WD performance. **All-Breed Results:** Lisa Duncan and Gabe achieved his WD Title and Jan Johnston Argo was so much fun to watch achieve his WRD Title. **The Senior Dog Titlists:** Dru Kappe's Codak achieved his WRD re-qualified title on Friday and Saturday with an excellent performance. Deanna Alko's Banner showed off both all three days to achieve his 6 WRD Re-qualifier titles.

Congratulations to all dog/handler teams. Even those who didn't qualify for either WD or WRD titles, the handler and dog teams gave their best efforts and looked to be on track for qualifying next year.

CNC WATER DOGS (WD) TITLES

Ruger Miller (Ruger) Handled by Kara Miller
(Qualified on Friday)

Top Shelves' Depth Charge (Sounder) Handled by Christie Smith (Qualified on Saturday)

Stillwater's Stars Finally Aligned at Bear N Mind Sin (Cosmo) Handled by Scott Dickensheet
(Qualified on Saturday)

VN GCHS CH Turfides Breezing Up at Bear N Mind CD RE CGCA TKN WRD3 DD3 DDX (Winslow)
Handled by Scott Rainey (Re-qualified on Saturday)

CNC WATER RESCUE DOGS TITLES

WA Hazel Hollow's Banner UDRE CDX WRD9 WRDX1 DDX (Banner)

Handled by Deanna Alko
(Re-qualified on Friday, Saturday and Sunday)

CH Bear N Mind's A Picture is Worth A Thousand Words BN WD1 WRD (Codak)

Handled by Dru Kappe (Re-qualified on Friday)

“Of Anniversaries and Rescue Reunions” Aka “The Secret Life of Zazu”

By Brad Cole

September 25, 2021 was my six-month anniversary with my rescue Newf, Zazu. It also happened to be the date for the annual meeting of Colonial Newfoundland Rescue. This year’s event was highly unusual due to the fact that it was combined with Fall Fun Day, a CNC event. This was the first combination of both events and was brought on due to a two – year hiatus due to COVID-19.

This year’s event was held at Curtis Memorial Park outside of Fredericksburg, Virginia. It was out in the country, but was a beautiful location. Having said this, this writer is glad that his new Newfmobile has navigation.

Zazu and I left Williamsburg around 9:30 AM, hoping to be in Fredericksburg by the event’s 11:00AM start time. Unfortunately, I-64 and I-95 traffic patterns conspired to slow down our progress. We didn’t arrive until about 12:20, just in time for lunch! Lunch was a very nice BBQ affair that seemed to be enjoyed by all. Zazu and I enjoyed the feast and then made rounds.

Zazu did much better than I expected. She was a rescue dog who started out as a “breeder” in a puppy mill. She was then adopted by a couple and ended up outside of Johnson City, Tennessee. She was given up because

she was “neurotic.” She got along extremely well with the other dogs at the event. She was more cautious with people, but seemed to be more accepting of people who were walking dogs! She didn’t try to bolt at sudden, loud noises like she is sometimes prone.

Unfortunately, Zazu and I had to leave around 2:00. We were expecting heavy traffic going back to Williamsburg. Both of us would like to thank Colonial Newfoundland Rescue and the Colonial Newfoundland Club for hosting such a nice event.



Newfies on the Mall

CNC held its first “Newfies on the Mall “ event on Saturday, October 23rd. We had a great turnout with 20 dogs and around 30 people attending the event.

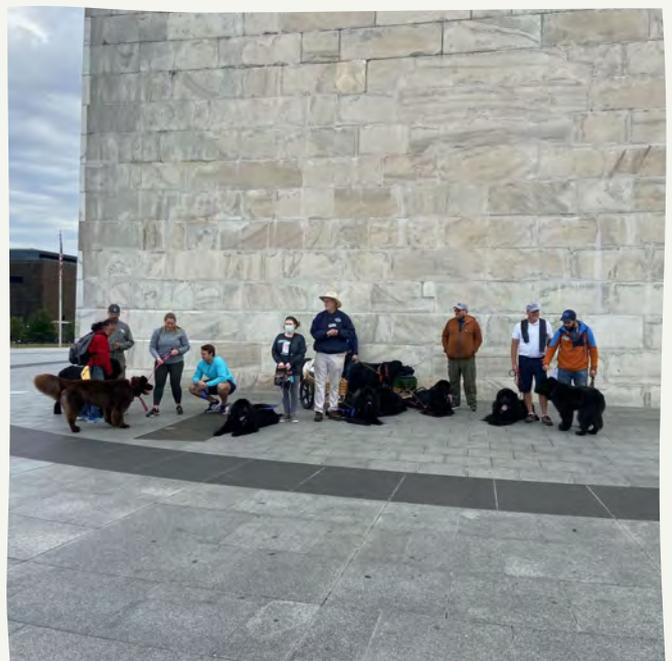
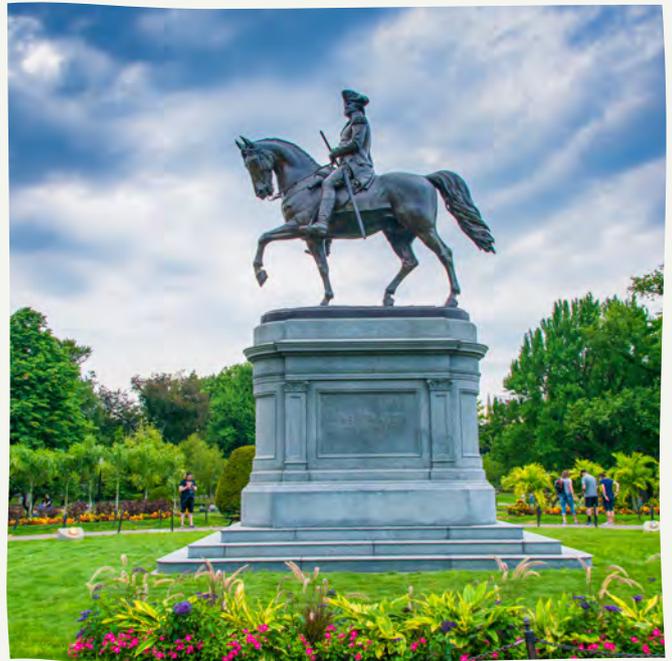
The weather was fantastic and luckily we were all able to find parking. We started our walk at 9:15 am and headed straight for the WWII memorial. The dogs seemed to enjoy this location because they were surrounded by beautiful water fountains. We had our first photoshoot and answered lots of questions from fascinated onlookers.

From there, we began a casual stroll along the reflecting pool heading to the Lincoln Memorial where we climbed up a few stairs to enjoy the sights and to take more photos, and answer more questions. For the rest of our walk, we took in the Vietnam Memorial, the Constitution Gardens, and the Washington Monument where we held our final photoshoot.

All in all, it was a fantastic experience for the participants and onlookers alike.

Thank you to all that participated. Looking forward to next year.

Paul Katinas







Good Boy Ahoy!

Water-work tests showcase the Newfoundland's innate aquatic abilities.

It is always thrilling to see these large, powerful dogs doing what they were bred to do.

The Newfoundland is a marine machine.

Historically, these large, powerful dogs were bred to plunge into the icy waters of northern Canada and lug heavy fishing nets ashore. Thick, double-layered fur—an oily overcoat and dense, soft undercoat—protects and insulates the Newf in the frigid ocean. Wide, partially webbed paws enable the breed to paddle through angry seas. Strong, gripping jaws allow them to tow a boat or even rescue an adult human from drowning.

To honor and preserve this water-rescue legacy, the Newfoundland Club of America (NCA) organizes water-work tests throughout the year with regional clubs across the country.

In its regulations guide, the NCA describes water-work tests as “a series of exercises designed to develop and demonstrate the abilities of purebred Newfoundland dogs in an aquatic environment.” It’s important to note that although NCA water-work tests might on the surface seem like other dog sports, the regulations specify that these tests “are not a competition; rather, they demonstrate natural ability and skills acquired through training, and they emphasize teamwork between dog and handler in simulated work and rescue situations.”



Training a Newfoundland for water-work titles is a multiyear process, so it's wise to start early.

UNDERSTANDING WATER WORK

Water work is a complex and challenging activity for Newfoundlands and their handlers. It's more than getting in the water and swimming around, something that most Newfs will do naturally. "Training your Newfoundland for NCA water testing is most often a multiyear process," says Dwight Gorsuch, president of the Colonial Newfoundland Club. "It's hard work for

you and your dog, but the bond you create with your canine teammate is immensely rewarding."

According to the Colonial Newfoundland Club, formal water tests have been around since the 1800s in Great Britain. But it was the Great Lakes Newfoundland Club, in Michigan, that hosted the first official NCA water-work event in 1973. Newfoundlands can earn three titles in water work, each designed to test a dog's skill and stamina while re-creating the lifesaving and historic work for which they were bred.

■ Water Dog (WD)

The first water-work level is the Water Dog (WD) title. Starting on the beach, the Newfoundland must complete a series of obedience exercises as directed by the handler, such as heeling and stays. This tests the dog's obedience training and ability to maintain focus near water. The remainder of the WD test takes place *in* the water. To earn the WD title, the dog will do multiple swimming retrievals, including a bumper and a life jacket that has been placed in the water near a boat. For this retrieve, the Newfoundland won't see the jacket being dropped and must be directed to it by the handler. The Newfoundland must also hold a rope in his mouth and swim to bring that rope to a volunteer, who is simulating a person in distress. The dog must also tow a



History is full of stories of heroic rescues by Newfoundlands, like the one depicted here in the painting "Saved" by Edwin Henry Landseer.

boat to shore by pulling an attached rope, swim with their handler, and then, on cue, tow the handler to shore.

■ Water Dog Rescue (WDR)

This level builds on the exercises already demonstrated at the WD level. For a team to earn a WRD title, the dog retrieves life jackets and boat cushions from the water in the order directed by the judge. The Newfoundland must also jump from a boat when cued and retrieve a boat paddle that has been left in the water and bring the paddle back to the handler, who is on the boat.

The Newfoundland will then identify a swimmer who is "drowning" and swim while carrying a life-ring to the volunteer victim. The Newfoundland must also retrieve a small article from under water,

requiring the dog to swim out and then put his head below the surface to find and return the object to his handler. Then, on the beach, the handler will give the dog a rope to take and swim with out to a boat. The steward will take the end of the line and the Newfoundland must swim back to shore, towing the boat until the boat is beached.

Finally, the Newfoundland will leap from the boat to rescue their handler who has "fallen" and the Newfoundland must then tow their handler to shore.

■ Water Rescue Excellent (WRDX)

In this most advanced title, the Newfoundland must locate two volunteers who pretend to be drowning and bring them back to shore. The Newfoundland then must take a rope while on a boat and, on

cue, jump into the water still holding the rope. Then, the dog will swim and bring the rope to the steward on the beach.

For the next exercise, the Newfoundland then must go to an empty boat that is abandoned in the water. Circling the boat, the Newfoundland must find the rope and bumper attached to the back of the boat, then take the bumper in his mouth and tow the boat to shore.

Next, the Newfoundland must go from shore to retrieve a floating volunteer (simulating an unconscious person) and, taking the unresponsive volunteer's arm or hand in their mouth, the canine candidate must pull the volunteer to safety.

Then the dog must dive from a boat into the water, where three swimmers simulating victims in distress are calling for help. The dog tows the first person to the boat, then returns again and again to get the other two "drowning" swimmers.

Finally, the Newfoundland must swim from the beach to a raft, which has been flipped upside down like a capsized boat. A volunteer under the raft calls for help, and the dog must dive under to get to the "trapped" victim and then dive back under the raft, towing the volunteer back to shore.

GETTING INVOLVED

If you have a Newfoundland and think that water work sounds like a fun chal-

lenge, your dog will probably agree.

"Almost all Newfoundlands love to swim, especially when introduced to the water early," Gorsuch says. "When the weather in Maryland cooperates, we swim our puppies along with their mother at 8 to 10 weeks of age."

Gorsuch encourages aspiring water-work teams to start by asking their dog's breeder for guidance. Even if your breeder doesn't train in the sport, Gorsuch says, NCA's approved breeders can provide resources and referrals for water-work training opportunities in your area. Additionally, the NCA has regional clubs throughout the United States. Almost every club has a working-dog committee that will organize water-work education, training, and testing, Gorsuch says. These clubs generally meet once or twice a week at a local lake for training during warm weather and may even have off-season training opportunities to work on skills out of the water. **FD**

Sassafras Lowery is a Certified Trick Dog Instructor and award-winning author. She lives in Portland with her Newfoundland, Sirius.

For more information on NCA water-work tests, or to find a regional club near you, visit ncanewfs.org.

Think your dog has that certain "star quality"?



 familydog



Are you an accomplished shutterbug (or aspiring to be one)?

Then we invite you to enter. Our theme this year is "Cute and Cuddly." As always, the entries are based solely on creativity, quality, and originality.

Well, there are a few rules, too.

For rules and additional details, go to akc.org/products-services/magazines/family-dog/photo-contest/rules.

So start snapping!

The 2021 AKC Photo Contest began on April 15, 2021. Entries must be postmarked by February 1, 2022, and received no later than February 8, 2022.

Email your high-resolution photos to: photocontest@akc.org please include your name and the breed of the dog (if applicable).



**JAN JOHNSTON
& ARGO**

CNC 2021
WATER TEST
CODORUS STATE PARK
HANOVER, PA

September 3-4, 2021

**LISA DUNCAN
& GABE**





**DEANNA ALKO
& BANNER**

CNC 2021
WATER TEST
CODORUS STATE PARK
HANOVER, PA

September 3-4, 2021

**SCOTT RAINEY
& WINSLOW**





**SCOTT
DICKENSHEET
& COSMO**

**CNC 2021
WATER TEST
CODORUS STATE PARK
HANOVER, PA**

September 3-4, 2021

**CHRISTIE SMITH
& SOUNDER**





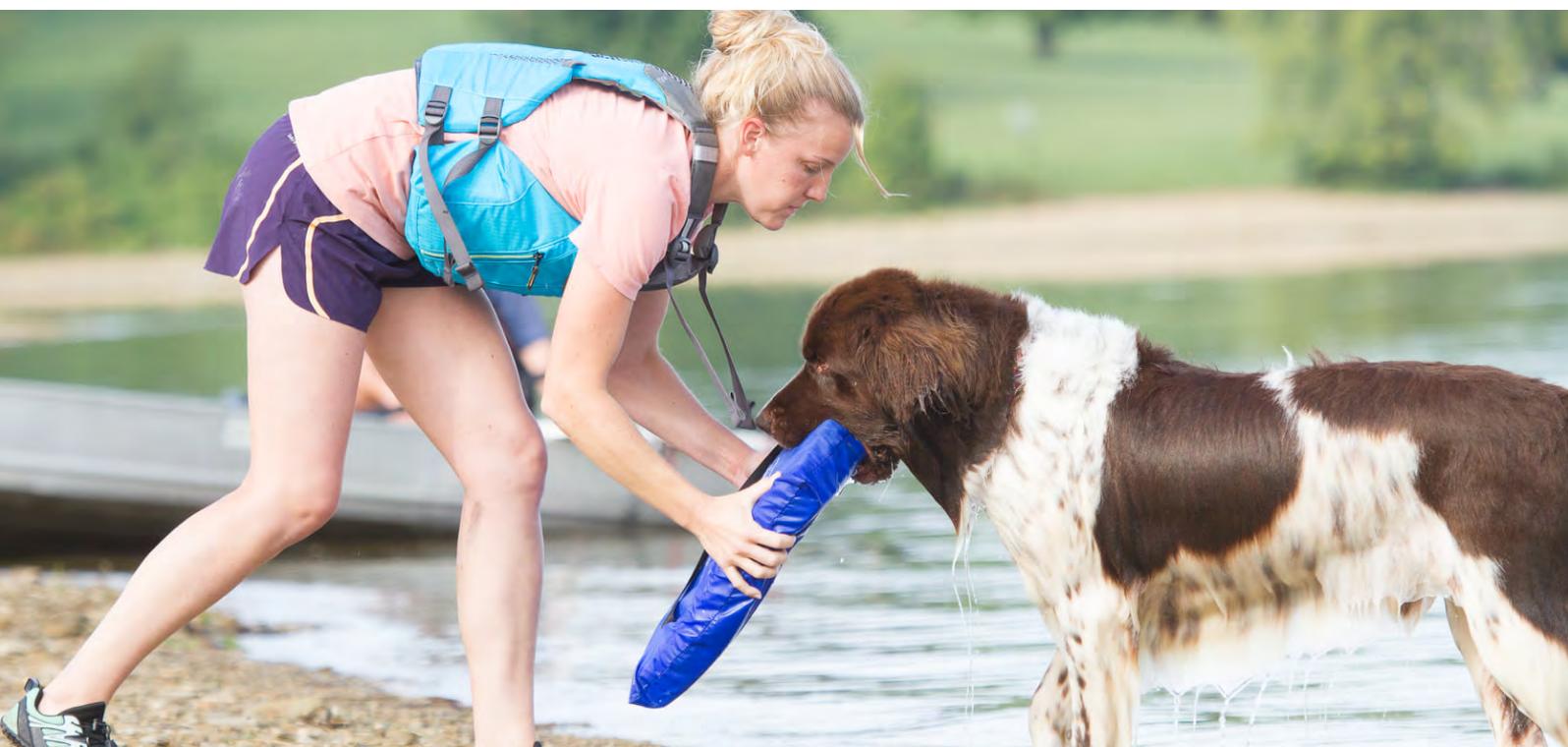
*Christie Smith
& Sounder*





*Sounder &
Tow a Boat*

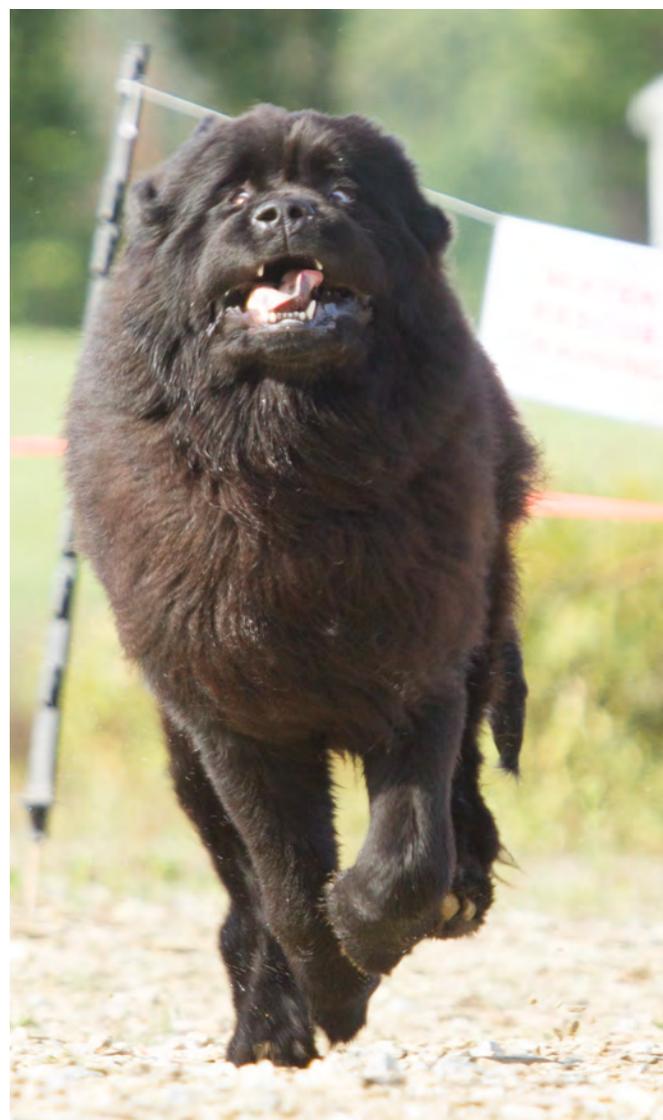




Kara & Ruger



*Scott
Dickensheet
& Cosmo*



Alice & Riot



“Of Rescues and Mountains” AKA “The Secret Life of Zazu”

by Brad Cole

I recently adopted a senior rescue Newf, named Zazu. This story introduces my new black beauty on our first mountain adventure together. This should be the first of many travels together.

As many readers here know, I like to travel to the North Carolina mountains with my Newfs. Zazu and I headed to Banner Elk, North Carolina for a few days starting Sunday, May 23, 2021. I was interested to see how the new dog did on trips, since she had only been home for a total of two months and I had not traveled with her before. She handled the travel to Banner Elk like a champ; I had already noticed that she seems most relaxed when she is in the car. I was interested in how she did in confined spaces as she tended to pace in the hotel room when she was turned over to rescue. It turns out that the trip went well and she settled right into the room. She was actually more relaxed on her first night in the hotel than she was at home. She also got more affectionate all of a sudden.

Monday was a day for relaxing near cool mountain streams and traveling down the Blue Ridge Parkway. I wanted some pictures of my new dog, so I brought my camera. The camera also came in handy since the rhododendron was in bloom. One of Zazu and my first stops was in Linville Falls. I found a fence around a large field and tied her to it for some pictures. Well, she responded with one of the nastiest cases of “stink eye” that I’ve seen. She finally settled down and I took some nice pictures of her.

Tuesday saw us go farther afield. We took back roads into a quaint old town called Spruce Pine. It is a mining town, known for mining around ninety percent of the mica used in this country! Felspar and quartz are also mined there. It’s an interesting place!

Wednesday saw us explore further. Zazu continued to make strides, and showered me with affection. She also proved to be friendly with strange dogs and people. This came in handy when we attempted to visit an apple orchard that I like to visit while I am in this part of North Carolina. We arrived at this destination, only to find that it was closed. All was not lost as Zazu quickly made friends with the staff. Fun times.

Unfortunately, we had to return home on Thursday. Our trip home was uneventful and stress free.





IN MEMORIAM

XAVIER GRAHN

A longtime CNC member
and Newf enthusias.
May you be at peace and free from suffering.
You will be missed! God Bless!



**ALEXANDRIA
SCOTTISH
WALK
PARADE**



TEDDY

MADLINE & LEROY!



DELILAH



COSMO



GLORY

2021 Upcoming CNC Events

11

DECEMBER

Annual Meeting via Zoom



Photo by Sandra Stultz



BEAR FARE

INFO

Bear Fare is the quarterly newsletter for Colonial Newfoundland Club members.

This is your newsletter - so your input is always appreciated. We encourage all members to submit articles/brags/news to make the Bear Fare interesting. We can accept virtually all formats from word processors & graphics packages. The easiest way to get us the information is via email.

Newf Scoops is FREE & cover wins, places, obedience legs, etc., at shows & trials. New Champions & Title holding Newfs will also be announced here.

Baby Bear Boom cost \$5 (payable to Colonial Newfoundland Club) & is an advertisement section for breeders to announce expected or new litters.

Advertising: Acceptable paid advertising will be included as space permits. Ads will be placed at the discretion of the editors. The advertising rate for CNC members is \$20 for a full page and \$10 for a half page. Checks payable to Colonial Newfoundland Club.

BEAR FARE Newsletter: Dates for all submissions published in Bear Fare are the LAST DAY of April (Spring Issue), July (Summer Issue), October (Fall Issue) and January (Winter Issue).

The newsletter will become available on or about the 15th of May, August, November and February and is a “.pdf.” file that is accessible via the www.cncnewfs.com website.

Bear Fare Editor: Brenda McKeel
Email: bearfare@gmail.com



SUBMISSIONS TO THE
 WINTER ISSUE OF
 THE BEAR FARE
 NEWSLETTER ARE
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